

# What's up, Doc?

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## ASSOC. PROF. DR TRAN LE LINH PHUONG UROLOGY EXPERT JOINS FV'S UROLOGY DEPARTMENT

Dr Tran Le Linh Phuong graduated from the University of Medicine, Ho Chi Minh City, in 1989. Dr Linh Phuong received her Specialisation Degree Level I in 1993, Master of Medicine in 1999 and PhD in Medicine in 2004 from the same university. In 2007, Dr Linh Phuong was honoured to be appointed Associate Professor of Medicine by The State Council of Professorship of Vietnam.

Dr Linh Phuong has also participated in many advanced training courses in Vietnam and other countries, including:

- Nephrology and Renal Transplantation (1994 – 1995)
- Advanced Laparoscopic Urological Surgery (2003)
- Laparoscopic Urological Surgery (2005)
- Laparoscopic Radical Prostatectomy and Laparoscopic Renal Transplantation (2006)
- Uro - Oncology (2008)



With over 30 years of experience, Dr Phuong is considered a leading expert with high specialist knowledge in the treatment of urinary stones, as well as other diseases related to kidney stones, cancers of the urinary tract and urogynaecology.

Dr Phuong is experienced in all techniques to remove "stones" (hard deposits made of minerals and salts) from the body, including extra corporeal lithotripsy, upstream laparoscopic lithotripsy, cutaneous kidney stone removal, and laparoscopic surgery.

Dr Tran Le Linh Phuong was previously head of department, General Surgery, Urology, at Vinmec International Nha Trang (2016 – 2020). Prior to that role, Dr Linh was senior consultant and lecturer at the Urology Department, University of Medicine, Ho Chi Minh City (1996 – 2016) and worked at the Urology and Dialysis Department, Cho Ray Hospital (1993-1996).

In December 2020, Dr Tran Le Linh Phuong joined the Urology Department at FV Hospital.

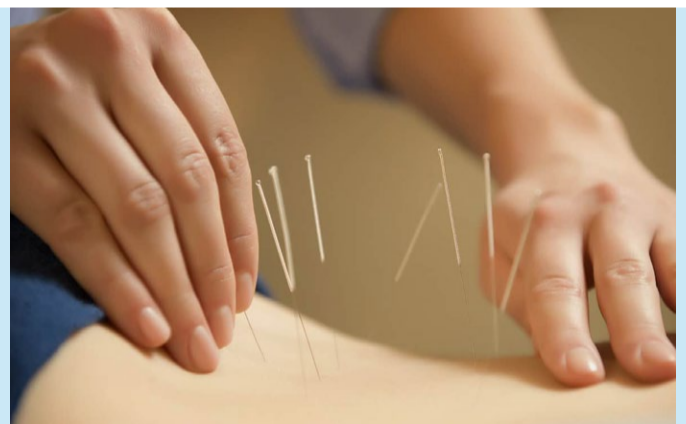


To make an appointment with Dr Tran Le Linh Phuong, Urology Department, please call: **028 5411 3333, Ext: 1032**

## FV TRADITIONAL MEDICINE COMBINATION WITH MODERN MEDICINE TO INCREASE TREATMENT EFFICIENTLY

FV Hospital has just launched its Traditional Medicine Department, which combines Vietnam's heritage of traditional medicine with the standards of an international JCI-accredited hospital. FV specialists currently offer several treatments, including acupuncture, catgut embedding therapy, ear acupuncture, massage and acupressure. Procedures are performed in a private, international-standard room equipped with a comprehensive range of specialised equipment, including electrical acupuncture machines and the latest, most efficacious tools, all of which are thoroughly sterilised after each use.

According to Dr Diec Kha Han, Head of Traditional Medicine at FV Hospital, these traditional methods are extremely effective at treating neuropathy disorders such as sciatica, pain following shingles, peripheral nerve paralysis VII, facial muscle tics, paralysis after stroke, headaches related to insomnia, and vestibular disorders.



Traditional medicine can also help to treat musculoskeletal pathology issues, such as osteoarthritis, degenerative spine disorders, rheumatoid arthritis and syndromes of the neck and shoulders. Patients with other issues, including gastrointestinal disturbances, constipation/persistent diarrhoea, asthma (especially following an acute episode), sinusitis, obesity and menstrual disorders, as well as patients undergoing rehabilitation following a stroke, may also benefit from traditional disciplines. Catgut embedding therapy has also been proven safe and effective in the field of aesthetics to help reduce belly fat and obesity.



*Dr Diec Kha Han graduated from the University of Medicine, Ho Chi Minh City, in 2006. In 2016, Dr Kha Han was awarded Specialisation Degree Level I in Traditional Medicine from the same university. With over 15 experience years' experience in treatment using traditional medicine methods, Dr Kha Han practiced at the Musculoskeletal Department, Traditional Medicine Hospital, Ho Chi Minh City (2006-2016) before accepting the role of Deputy Head of Neurology at Ho Chi Minh City's Traditional Medicine Hospital (2016-2018). In July 2020, Dr Kha Han joined FV Hospital as Head of FV's Traditional Medicine Department.*



To make an appointment with Dr Diec Kha Han, Traditional Medicine Department, please call: **028 5411 3333, Ext: 1419**





## FV LAUNCHES VACCINATION PACKAGE SERVICES

TO HELP FAMILIES ENSURING THEIR  
BABY'S HEALTH

To help families ensure their children's vaccinations are up-to-date, FV has launched a comprehensive vaccination service for children aged 0-24 months who were born at FV Hospital. This service offers parents and guardians complete reassurance that their children will be vaccinated as needed, with no risk of being waitlisted due to vaccine shortages. Vaccines offered under this service include typically scarce shots, including INFANRIX hexa® (combined diphtheria and tetanus toxoids, acellular pertussis, hepatitis B (recombinant), inactivated poliomyelitis, and adsorbed conjugated Haemophilus influenzae type b vaccine) and vaccines for pneumococcus.

Currently, FV's vaccination service comprises three packages:

- Children from 0-12 months (priced from VND 18,800,000 to 20,600,000 VND)<sup>(\*)</sup>
- Children from 0-18 months (priced from VND 20,500,000 to VND 22,300,000)<sup>(\*)</sup>
- Children from 0-24 months (priced from VND 21,700,000 to VND 23,500,000)<sup>(\*)</sup>

**We are proud to offer priority benefits when signing up for the package vaccination service at FV:**

- We will store all vaccines in your dedicated package, ensuring your baby receives all vaccines, on schedule;
- FV Hospital uses high-quality vaccines with clear provenance and chain of custody, ensuring safety from registration through to storage and use;
- Parents and guardians are always consulted and provided all pertinent information relevant to optimum vaccination regimens for children;
- Our package pricing is guaranteed, unaffected by fluctuations in market pricing for the vaccines included in the regimen;
- Parents and guardians will receive reminders from FV's medical secretary to schedule injections as necessary;
- Injections will be administered without any additional fees;
- Vaccination packages are available at FV Saigon Clinic and FV Hospital<sup>(\*\*)</sup>

At FV, a team of experienced paediatric doctors and nurses will conduct a thorough examination before and follow up closely after the injection to ensure the baby is in optimal health. The examination area is pleasantly decorated and the separate vaccination room is well-ventilated to help the child feel comfortable as they receive their shots.

*(\*) Pricing fluctuates depending on the type of vaccine selected at time of purchase.*

*(\*\*) The customer is required to make an appointment and inform FV staff about the vaccine package purchased and the desired injection location*



For more information on FV's vaccine packages, please contact the Department of Paediatrics, Neonatology: 028 5411 3333, Ext: 1231

## A 91 YEARS OLD PATIENT RECEIVED LAPAROSCOPIC TREATMENT FOR STOMACH CANCER THAT HAD METASTASISED FROM THE LYMPH NODES

Mr P.V.H., 91, residing in Tay Ninh, was diagnosed with stomach cancer that had metastasised to his lymph nodes in 2015. Mr P.V.H. underwent chemotherapy and his doctors indicated that he needed surgery, but Mr P.V.H.'s family disagreed and refused to give permission for them to operate. In 2017, Mr P.V.H. was admitted to FV's Intensive Care Unit (ICU) with severe gastric haemorrhage due to advanced tumours. Fortunately, he survived this crisis. Once his condition had been stabilized, Mr P.V.H. was given a second round of chemotherapy. His response to the new regimen of drugs was positive, and the tumour was significantly reduced.

However, for radical treatment, doctors had to consider surgical options. Because this would be a major surgery, there were many latent risks, especially for elderly and frail patients. That said, Mr P.V.H.'s consultation results and the evaluation of the professional board of FV Hospital revealed that he was in sufficient health to undergo anaesthesia and surgery.

At this time, FV's Head of General Surgery Dr Phan Van Thai convinced both Mr P.V.H. and his family to agree to the operation. As chemotherapy does not provide radical treatment, surgical removal of the entire tumour was the best way to prolong Mr P.V.H.'s life and reduce complications caused by the tumour. In September 2017, Mr P.V.H. underwent surgery via endoscopy to cut away stomach tissue and remove metastatic lymph nodes. Dr Thai has extensive experience in laparoscopic surgery, and performed the procedure quickly.

Three quarters of Mr P.V.H.'s stomach and surrounding lymph nodes were removed, reaching the goal of the prescribed radical treatment. Next, Dr Thai connected the remainder of the stomach to the small intestine and the operation

ended within four hours without complications and a negligible amount of blood loss. The patient recovered well and was discharged after one week. Mr P.V.H. was a very special case for Dr Phan Van Thai. He is the oldest patient that Dr Thai has operated on during his many years of medical practice treating this type of disease. Mr P.V.H.'s case was also complicated: his cancer was detected in its late stages, it had metastasised to his lymph nodes and he had suffered serious haemorrhagic complications from tumours. Despite this, and despite undergoing two rounds of chemotherapy at his advanced age of 90 years, Mr P.V.H.'s response to the drugs was unexpectedly positive, and his anaesthesia, surgery and resuscitation proceeded smoothly. Mr P.V.H. also recovered quickly, much like a young person. To date, three years following his surgery and five years since his disease was diagnosed, Mr P.V.H.'s health is still stable. He's eating well, walking normally, and talking clearly and intelligently. Mr P.V.H. continues to return to FVH every six months for follow-up exams, and is currently in great health with no sign that his cancer has returned.



To make an appointment with Dr Phan Van Thai, Head of General Surgery, please call: 028 5411 3333, Ext: 1250