

What's up, Doc?

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Dr TRAN THI NGOC TRAM

joins the Obstetrics & Gynaecology Department of FV Hospital

Dr Tran Thi Ngoc Tram graduated from Tay Nguyen University in 2002. She achieved Specialisation Level I from University of Medicine, Ho Chi Minh City in 2007 and Specialisation Level II from Pham Ngoc Thach University of Medicine in 2020. Dr Ngoc Tram has participated in many advanced training courses in ultrasound including: General Ultrasound, Ultrasound in Obstetrics and Gynaecology, Foetal Echocardiography and Congenital Heart Diseases,...



Dr Ngoc Tram has nearly 20 experienced years in the field of diagnostic imaging and in-depth expertise in Prenatal ultrasound.

In the past, she worked at many large hospitals in Ho Chi Minh City; Vu Anh International Hospital, Gia Dinh People's Hospital, Mekong Obstetrics & Gynaecology Hospital, Vinmec International Hospital, Hanh Phuc International Hospital. On December 2020, Dr Ngoc Tram joined the Obstetrics & Gynaecology Department at FV Hospital



To make an appointment with **Dr Tran Thi Ngoc Tram**, Obstetrics & Gynaecology Department **please call: 028 5411 3333, ext 6000**

Dr NGO VIET THANG

joins the General Surgery Department of FV Hospital

Dr Ngo Viet Thang graduated from University of Medicine, Hue in 2010 and achieved his Master Degree in General Surgery from this university in 2014. Dr Ngo Viet Thang has participated in many advanced training courses including: Basic Laparoscopic Surgery (2015), Laparoscopic Gastrointestinal Surgery (2015), Endoscopic Thyroidectomy (2015), Hepato-Biliary – Pancreatic surgery (2018)...



With over 10 experience years and specialised skills in Laparoscopic Gastrointestinal Surgery as well as Abdominal Wall Hernia repair by laparoscopy, Dr Ngo Viet Thang has successfully treated many cases.

In the past, Dr Ngo Viet Thang worked at Hue Central Hospital and Hue University Hospital (2010-13), Minh Thien General Hospital, Quang Nam (2013-14 & 2015-17), Quang Ngai General Hospital (2014 & 2015), Vinmec Times City International Hospital (2017-20). In 2021, Dr Ngo Viet Thang officially joined in FV Hospital, General Surgery Department.



To make an appointment with **Dr Ngo Viet Thang**, General Surgery Department, **please call: 028 5411 3333, ext 1250**

Dr NGUYEN THANH VINH

returns to FV Lifestyle Clinic

Dr Nguyen Thanh Vinh graduated from Pham Ngoc Thach University of Medicine, Ho Chi Minh City in 2002 and achieved his Specialisation Degree Level I (2011) and Specialisation Degree Level II (2014) in Surgery from Ha Noi University of Medicine. Besides that, Dr Nguyen Thanh Vinh has also participated in many training advanced courses in Vietnam and abroad including, Orthopaedics (2003), Facial Plastic and Reconstructive Surgery (2003), Plastic Surgery & Cosmetics (2004), Training in the use of Adistem Technology (2011), Advanced Primary Breast Augmentation Live Surgery (2012), Rhinoplasty (2020)..

With over 20 years' experience practicing surgeries successfully for a thousand of cases; Dr Thanh Vinh is famous for high specialisation in fields such as: Rhinoplasty with cartilage or Gore-Tex (e-PTFE) implants; Face and neck lifting; Dermal filler & Botox injections using MD Codes™ system. Chiefly, he can carry out the technique - Breast augmentation 6.0 through minimal inframammary incision that brings many advantages for women: No shape shirt, no compression bandage, no drainage pipe, no women bra, no massage and no thread cutting.



In the past, Dr Nguyen Thanh Vinh worked at Plastic Surgery Department, Cho Ray Hospital (2003 – 2005); Deputy Head of Department, Plastic Surgery, Saigon - ITO Hospital (2005 – 2015) and became the Head of ITO's Plastic Surgery Department (2015 – 2019). Specifically, Dr Thanh Vinh worked as senior consultant for Plastic Surgery & Cosmetics Department, FV Hospital (2012 – 2017) and the Head of Plastic Surgery & Cosmetic Department as well as Deputy Medical Director of Worldwide Dental & Cosmetic Surgery Hospital. From Dec 2020, Dr Nguyen Thanh Vinh decided to return to FV with the team of doctors at the FV Lifestyle Clinic with the goal to help our patients become more beautiful and confident with their body shape.



To make an appointment with **Dr Nguyen Thanh Vinh, FV Lifestyle Clinic** **please call : 028 5411 3333, ext 7000**

Ear canal melanoma treatment and full-thickness skin grafts (FTSG)

Doctors at FV's ORL Department have successfully removed a melanoma from the ear canal of 75-year-old American patient B.P.N. Three years ago, Mr B.P.N. was diagnosed with ear canal melanoma and a tumour removed by a doctor at Honolulu Hospital, USA.

More recently, the patient noticed an ulcer around one centimetre in diameter in his left outer ear canal at the previous surgical site. Mr B.P.N. visited FV Hospital and was assigned a biosynthesis by Dr Vo Cong Minh, Head of FV's ORL Department. Results showed that Mr B.P.N. had developed a basal cell carcinoma and needed surgery to remove the cancerous skin.

Dr Cong Minh also recommended covering the skin with full-thickness skin grafts (FTSG) and Mr B.P.N. was placed under general anaesthesia for the surgery. Dr Cong Minh removed a piece of skin measuring 0.5 centimetre in diameter from the edge of the ulcer and sent the sample for a frozen section at the Pathology, Laboratory and Blood Bank Department. This procedure ensures that the entire area of cancerous skin is removed while preserving the healthy skin surrounding it.

The frozen section results were released after 45 minutes, and it had been determined that 0.2 cm from the edge of the sample was cleared of cancer cells. However, to avoid missing cancer cells in the subcutaneous bone, Dr Cong Minh drilled 0.5 cm into the bone behind the ear canal. After Dr Cong Minh ensured that all cancer cells had been removed, he took a section of thick skin from behind the ear to cover the gap behind the outer ear canal. The surgery ended around 2:30 p.m., and the patient was discharged after one day of observation. On re-examination two weeks

after the procedure, the surgery was deemed successful as the transplanted skin had started developing blood vessels and connecting to the surrounding skin.

Dr Vo Cong Minh says it's necessary to thoroughly remove skin cancer in the outer canal and on the face, generally, to avoid recurrence. Depending on the size and location of the skin defect, after removal the surgeon can choose to use split-thickness grafts or full-thickness grafts to cover the surgical site.

FTSG is a technique which uses skin containing the entire epidermis and dermis. The full-thickness skin graft is full of nerve ends, hair follicles and sebaceous glands. The advantage of this method is that the graft shrinks less than split-thickness skin grafts and ensures better aesthetics for facial lesions



Broken line is a section of full-thickness skin graft



To make an appointment with **Dr Vo Cong Minh**, Head of ORL Department, please call: **028 5411 3333, ext 1382**

SUCCESSFUL ENDOSCOPIC SURGERY ON GASTRIC CANCER WITH BLEEDING WITH COMPLICATION OF ACUTE STROKE



Mr T.V.P (60 years old, Ba Ria - Vung Tau) was hospitalised at FV in November 2020 suffering from sudden fatigue, black stools, low blood pressure, and severe anaemia. At the same time, the patient was paralyzed on one side of the face with weakness in one limb. Mr T.V.P was transferred to the FV Accident & Emergency Department for a blood transfusion to initially address his critical condition. The patient underwent an urgent endoscopy, it was determined that a gastric cancer tumour was causing the haemorrhaging and a temporary haemostasis injection was administered for emergency.

After that, the patient was examined by MRI scan to screen for the cerebral vessels. The diagnostic imaging results showed that an area of the patient's brain was embolised. The doctor had to deal with a challenging situation, where the use blood-thinning medication to treat and prevent the stroke while preventing excessive bleeding from the stomach tumour. Gastric surgery was also not possible at this time because an unstable stroke will easily aggravate the disease.

After 19 days of treatment at the Mr T.V.P condition has stabilised. Accordingly, Dr Phan Van Thai - Head of General Surgery, decided to perform the required surgery to treat gastric cancer. According to Dr Phan Van Thai, the patient had stage T3N1M0 gastric cancer with a large tumour with metastasized lymph nodes. The patient underwent surgery under anaesthesia to remove three quarters of the stomach. The doctor utilised the endoscopic technique to radicalise the D2 lymph nodes.

With his expertise and many years of experience in handling stomach tumours, Dr Phan Van Thai and his team successfully performed the surgery over four hours. Along with that achievement was the fast recovery of the patient. After only 10 days after surgery, Mr T.V.P condition was stable and he could eat, drink and walk with the aid of crutches. Currently, the patient continues to undergo chemotherapy at FV Hy Vong Cancer Centre. He is in good health and can cycle by himself.

According to Dr Phan Van Thai, this was a pretty rare and complicated case because the patient has gastric cancer, bleeding from the stomach tumour and stroke. Luckily, the stroke was detected early and treated promptly. The successful surgery is a credit to the effective interdisciplinary treatment at FV: Neurology, Gastrointestinal, Oncology, Diagnostic Imaging, General Surgery and Anaesthesia. The right treatment with calculated timing to treat each disease is also a factor in the successful treatment that saved patients' lives.



To make an appointment with **Dr Phan Van Thai**, Head of General Surgery Department, please call: **028 5411 3333, ext 1250**