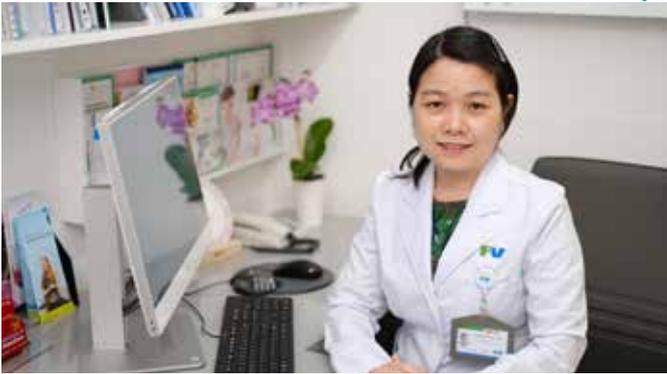


What's up, Doc?

No. 4 - June/ 2020

DOCTOR NGUYEN THI THANH TAM JOINS OBSTETRICS AND GYNAECOLOGY DEPARTMENT



In 2004, Dr Thanh Tam graduated from Ho Chi Minh City University of Medicine. In 2007 she went on to become a Resident Doctor, Specialisation Level I, in Obstetrics, and Master of Medicine. Dr Thanh Tam has also participated in advanced training courses which have included: Ultrasound, Obstetrics and Gynaecology (2008), Basic Pelvic Floor Pathology (2016), Advanced Cardiopulmonary Resuscitation (2016), Colposcopy (2018), and Placement and Removal of Subcutaneous Pharmacological Implanon NXT (2019). Additionally, during this time, Dr Thanh Tam was a lecturer of the Tu Du Hospital, educating students on endoscopy and pelvic floor surgery.

With her high professional qualifications, Dr Thanh Tam has worked at the leading hospitals of Obstetrics and Gynaecology in Ho Chi Minh City. These include: Tu Du Hospital, Hung Vuong Hospital, Gia Dinh Hospital and Mekong Hospital. She not only has successfully delivered thousands of babies but has also become a qualified surgeon in the field of caesarean section, gynaecological tumour surgery, laparoscopic surgery, pelvic floor treatment, urinal incontinence treatment and uterine prolapse. Dr Thanh Tam is committed to helping patients recover fully and safely, as well as ensuring the importance of aesthetics and bringing confidence to women.

From 2020, Dr Nguyen Thi Thanh Tam joined FV to bring effective, safe and caring treatment to patients.



For booking appointment with Dr Nguyen Thi Thanh Tam, please contact: Obstetrics and Gynaecology Department – Ext: 6000

DOCTOR BUI THI THANH HUONG SENIOR DOCTOR AT FV'S OPHTHALMOLOGY & REFRACTIVE SURGERY



Majoring in Ophthalmology, Dr Bui Thi Thanh Huong graduated from the University of Medicine and Pharmacy in Ho Chi Minh City in 1987. She then went into further study, obtaining a Specialization Degree Level I in 1998 and Specialization Degree Level II in 2003, both in Ophthalmology. In addition, Dr Thanh Huong has taken numerous training courses on the following: pterygium and treatments (2013), phacoemulsification surgery (2017), and diagnosis and treatment of glaucoma using YAG Laser (2017).

With many years of experience in the field of ophthalmology with high expertise in phaco surgery, glaucoma, eye tumour treatment and cosmetic surgery, Dr Thanh Huong has worked and been in charge of many significant roles in the Eye Hospital, Ho Chi Minh City from 1987 to 2017. These have included: Deputy Head of Trauma (2000-2006), Deputy Head of Cornea Surgery (2006-2007), Deputy Head of Clinic (2007-2011), and Deputy Head of Planning (2011-2017).

Dr Bui Thi Thanh Huong is currently a senior doctor at FV Hospital's Department of Ophthalmology and Refractive Surgery, and is dedicated to providing the most effective treatment to restore patients' eyesight.



To book an appointment with Dr Bui Thi Thanh Huong, please contact: (028) 5411 3333 – Ext: 2000.

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Ophthalmology & Refractive Surgery Department at
(028) 54 11 33 33 - Ext: 2000

HEART DISEASE CASE SUCCESSFULLY TREATED AT FV

D.K.P., a 54 year old patient from Ho Chi Minh City, had been living with heart failure for 6 years. During this time, he was suffering from symptoms such as tiredness and shortness of breath, which was affecting his health and quality of life. As soon as he felt that his health condition was getting worse and the medical treatment he was receiving was becoming ineffective, Mr D.K.P. decided to go to FV Hospital's Cardiology Department to have a check-up.

The patient was examined by Dr Tran Nhan Tuan, Deputy Head of Cardiology Department of FV, and required the necessary tests. The results showed that the ejection capacity of the heart was reduced to only 14%, the QRS wave on the electrocardiogram widened and after a 24-hour heart rate survey was undertaken, a dangerous arrhythmia appeared. The patient was subsequently diagnosed with idiopathic cardiomyopathy. Realizing that complete heart failure could be possible, Dr Tuan used a ventricular resynchronization machine to prevent the risks of any sudden death (CRT-D). This device detects and treats dangerous arrhythmias that can lead to cardiac arrest. It works by stimulating the pacemaker to restore the uniformity of ventricular contractions, increasing blood pumping efficiency and improving symptoms of heart failure, shortness of breath, and fatigue.

Thanks to the Interventional Catheterisation Laboratory (Cathlab), Dr Tuan inserted three electrodes into the heart at the right ventricle, coronary sinus and right atrium. Dr Tuan connects electrodes to the CRT-D machine, which is placed under the skin on the left side of the chest and then sealed. The patient was discharged two days later, and his symptoms improved significantly.



To book an appointment with Dr Tran Nhan Tuan, please contact the Cardiology Department: 028 5411 3333. Ext: 1216 or 1165.

FINANCIAL SUPPORT PROGRAMME FOR NON-SMALL CELL LUNG CANCER PATIENTS ACCESS TAGRISSO (OSIMERTINIB)

From June 5th, 2020, patients suffering from non-small cell lung cancer who are prescribed Tagrisso (Osimertinib) medication will be offered financial support for a follow-up drug cycle of 30 film-coated tablets. This will be provided at Hy Vong Cancer Care, FV Hospital, under the policy of the Ministry of Health, which was approved on April 17th, 2020.



The programme is applicable to patients who are 18 years of age or older, with or without health insurance, who are diagnosed with locally advanced or metastatic non-small cell lung cancer with EGFR mutation or positive for EGFR T790M (including patients undergoing treatment or newly diagnosed without treatment), and are prescribed Tagrisso medication. Patients will be supported until they stop treatment as directed by the doctor or when they decide to stop participating in the programme.

Experts have identified Tagrisso as a targeted drug for patients with locally advanced or metastatic non-small cell lung cancer with certain types of abnormal EGFR genes or EGFR T790M-positive. It is now considered a preferred option in comparison to other targeted therapies or chemotherapy.

Tagrisso (Osimertinib) is a drug from the manufacturer AstraZeneca AB, from Sweden. The product has been licensed for circulation in the US since 2015, and in Vietnam since 2018. It is currently being distributed by the Central Pharmaceutical Joint Stock Company 2 (PhytoPharma). Please note that all financially supported medication has been labelled - Support - not for sale.

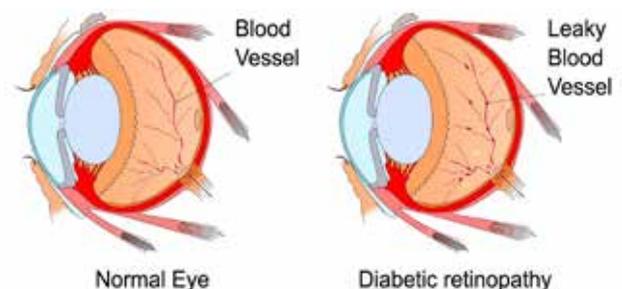


For more information about financial support for non-small cell lung cancer patients at Hy Vong Cancer Care Centre, please contact: (028) 5411 3333 – Ext: 5000

FV PROVIDES SCREENING AND TREATMENT FOR DIABETIC PATIENTS

Through the specialised diabetic retinopathy screening programme at FV Hospital's Ophthalmology & Refractive Surgery Department, patients will receive a comprehensive eye exam to assess the degree of diabetic retinopathy. This includes measurement and testing of vision: microscopic examination; intraocular pressure measurement; gonioscopy, and fundoscopic examination using Optical Coherence Tomography (OCT). In addition, Fundus Fluorescein Angiography (FFA) may be used to clearly investigate the cause of visual impairment, identify leaking blood vessels and be used as a guide for the treatment of macular oedema.

Specialists will use different treatments depending on the stage of proliferative retinopathy. FV uses micro pulsed retina laser photocoagulation technology which helps reduce oedema without causing macular damage. The new technology overcomes many disadvantages which current common laser treatment methods possess. For example, the time the laser effects the tissue of the retina is very short and it does not cause any



extensive burns, these both help to control its effects ensuring less damage to the retina. In addition, it is a safe and minimal treatment of the macula, minimizing complications and side effects of the laser.



To book an appointment with FV Hospital's Ophthalmology & Refractive Surgery Department, please contact: (028) 5411 3333 – Ext: 2000.