

# What's up, Doc?

No.4 - May/ 2021

## Dr ARON SCHUFTAN

JOINS FV OBSTETRICS & GYNAECOLOGY DEPARTMENT



**D**r Aron Schuftan is a Board Certified U.S. OB/GYN who graduated from Ponce School of Medicine, Puerto Rico, in 2002 and did his specialty training at the renown Boston Medical Centre in Boston, Massachusetts (2002-2006).

His experience and clinical interests make him an expert in: Contraception Counselling, Family Planning, Colposcopy, Infectious diseases, and Minimally Invasive Gynaecologic surgery. Dr Aron Schuftan also has many years of experience in infertility issues, as well as, expertise in detecting and treating a vast array of gynaecologic diseases.

With nearly 20 years of experience, Dr Aron has worked in many hospitals and clinics all over the world such as: Kaiser Permanente Medical Group, San Jose, California, USA, (2006-2009), Bay Area Fertility and Pregnancy Specialists, Redwood City, California, USA (2009-2013), Family Medical Practice, Ho Chi Minh City, Vietnam (2015-2019), and American International Hospital, Ho Chi Minh City, Vietnam (2018-2019). In 2021, Dr Aron decided to join FV as a senior consultant in the Obstetrics & Gynaecology Department.



To book an appointment with Dr Aron Schuftan, Department of Obstetrics & Gynaecology, please contact: 028 5411 3333, ext: 6000

## Dr NGUYEN THI KIM HUONG

JOINS FV RHEUMATOLOGY DEPARTMENT



**D**r Nguyen Thi Kim Huong graduated from University of Medicine, Ho Chi Minh City in 2007 and achieved her Specialisation Degree Level I - Internal Medicine in 2017. Dr Kim Huong has previously worked in Rheumatology and Internal Medicine of Purpan University Hospital,

Toulouse, France for many years and continued to study many in advanced training courses that related to her specialty including: Musculoskeletal Ultrasound (2013), Rheumatic Diseases (2014), Paediatric Rheumatology (2015), Imaging in Rheumatic Diseases (2019) of EULAR (European League Against Rheumatism).

With 14 years of experience and high specialisation in Autoimmune diseases, minimally invasive musculoskeletal interventions and Viscosupplementation treatment for osteoarthritis, Dr Kim Huong has successfully treated many patients for rheumatology diseases, pain relief and improve their movement ability.

In the past, Dr Kim Huong worked in the role - the Deputy Head of Rheumatology Department, Nguyen Tri Phuong Hospital (2008-2010 and 2014-now), Consultant for Than Dan Hospital (2014-2021), Medic Centre (Since 2016). In 2021, Dr Kim Huong decided to join FV Rheumatology Department in the role as Senior Consultant in this department.



To book an appointment with Dr Nguyen Thi Kim Huong, Department of Rheumatology, please contact: 028 5411 3333, ext: 1526

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Tel: (028) 62 90 61 67 - Fax: (028) 62 90 61 68  
Email: saigonclinic@fvhospital.com

# FV'S OTORHINOLARYNGOLOGY DEPARTMENT PROVIDE SUCCESSFUL TREATMENTS FOR RARE TONGUE SQUAMOUS CELL CARCINOMA

**M**s D.T.L.P (45 years old - Binh Duong) came to FV with a sore on the back of her tongue that would not heal and was causing her pain. She went to see doctor Pham Long Dao –Otorhinolaryngology (ORL) Department. After examination, Dr Dao ordered a biopsy of the wound margin, as the doctor suspected squamous cell carcinoma of the tongue. However, to have more accurate results, the doctor also ordered a second biopsy with a larger sample collection and sent samples to histopathology to be read in two places: Thailand and Ho Chi Minh City Oncology Hospital, HCMC.

Following the biopsy, a CT scan of the face and neck was requested to investigate the tumour in the tongue and neck area. The imaging findings showed a tongue tumour and several enlarged cervical lymph nodes. Combining CT with the biopsy results allowed the doctor to identify squamous cell cancer T2N0M0 that would require surgery for treatment.

After a week, the patient underwent general anaesthesia for surgery. First, Dr Pham Long Dao treated the tongue tumour and cut 0.5 cm of skin from the edge of the ulcer and sent the specimen for a frozen section at the FV Laboratory. This helped to ensure that the entire tumour is removed while preserving the optimal of tongue as possible.

At the same time, while waiting for the results of the frozen section result, Dr Dao and his team continued and remove the lymph nodes in the neck region, selecting groups from 1A to 4.

The frozen section results were available after 45 minutes and about 0.5 cm from the edge of the specimen, which has been clear of the presence of cancer cells. With a small tumour size and dilatation at the back, the doctor chose the solution to suture that area as the tongue surface did not need reconstruction. The operation was completed after 4 hours and the patient was discharged 4 days later. Currently, Ms D.T.L.P health is completely stable and she can eat and talk normally.

According to Dr Pham Long Dao, tongue cancer is a malignant tumour that originates in the mobile or fixed part of the tongue (bottom of the tongue). This is a common type of cancer and accounts for about 30%-50% of cancers of the oral cavity. Selective neck lymphadenectomy is indicated if the risk of lymph node metastasis exceeds 15 to 20% and is usually performed for patients with stage T2 tongue cancer.



To book an appointment with Dr **Pham Long Dao**, Department of ORL, **please contact:**  
**028 5411 3333, ext: 1382**

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**F**rom 25/05 to 30/06/2021, FV Hospital will offer a 20 % discount on low-dose CT scan packages for lung cancer screening. Lung cancer causes the highest rate of deaths in the world – and with this offer screening is only 1.800.000VND.

Low-dose CT lung scan allows the screening for lung cancer safely and effectively. This program is suitable for people at high risk, such as: people over 55 years old who have smoked 1 pack/day for 30 years or 2 packs/day for 15 years; or those who are exposed to toxic substances and polluted environment such as smoke, asbestos, radon, arsenic, radiation, etc

If lung abnormalities are detected, the patient will be guided for consultation and examination by our team of experienced doctors of the Pulmonary Department. The department has expertise in the field, PhD. Dr Do Thi Tuong Oanh, lecturer at Pham Ngoc Thach Medical University, with more than 30 years of experience in the treatment of respiratory diseases and tuberculosis, Dr Nguyen Van Tho, PhD of Shiga Medical University (Japan), Head of Department of Tuberculosis and Lung Diseases at the University of Medicine and Pharmacy, Ho Chi Minh City, with over 18 years of experience in diagnosing and treating respiratory diseases, lungs and thorax.

To receive the offer, please contact :

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