

What's up, Doc?

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RADIATION AND ONCOLOGY SPECIALIST **PROF. NGUYEN DUY SINH** JOINS FV HOSPITAL'S HY VONG CANCER CARE CENTRE



Prof. Nguyen Duy Sinh graduated with a Medical Doctor Degree in 1998, going on to obtain a Specialization Degree Level I in Oncology in 2004, and a Masters in Medicine in Oncology in 2008, all from the Ho Chi Minh City University of Medicine (HCMC). He then obtained a PhD in Life Science, from Yamanashi University, Japan in 2016. Coupled with his postgraduate education in Japan, Prof. Nguyen Duy Sinh has also participated in many advanced training courses, concerning radiation treatment, in Japan, Switzerland, and Germany.

With over 20 years of experience, Prof. Nguyen Duy Sinh has become a specialist in the research and treatment of cancer. In addition to the role of doctor, he has also worked as a lecturer at the University of Medicine, Ho Chi Minh City. Additionally, he has spent time working at the Radiology Department, Oncology Hospital, HCMC (1998-2013), and the Vinmec Centre Park Hospital, HCMC (2017-2019). Furthermore, Prof. Nguyen Duy Sinh was the translator of the best seller book, The Emperor of All Maladies. Since 2020, Prof. Duy Sinh joined FV Hospital and has become a senior doctor in FV's Hy Vong Cancer Care Centre.

Prof. Nguyen Duy Sinh is specialized in cancer care, having obtained considerable research and experience in radiation treatment for head, neck, liver, and lung cancer, as well as hereditary cancer. Over the years, Prof. Duy Sinh has treated a range of oncological conditions for numerous patients. In doing so, he has help them recover from pain, overcome their condition, and return to a normal life.

To book an appointment with Prof. Nguyen Duy Sinh, Hy Vong Cancer Care Centre, please contact: (028) 5411 3440 or (028) 5411 3333, Ext: 5000

DR NGUYEN HUYNH HA THU NEW ADDITION TO FV'S HY VONG CANCER CARE CENTRE



Dr Nguyen Huynh Ha Thu graduated as a medical doctor in 2016, becoming a resident physician specializing in oncology in the Ho Chi Minh City University of Medicine and Pharmacy, graduating in 2019. During the same period, Dr Ha Thu also obtained a Masters degree in Cancer and Medicine in 2019. Since then Dr Ha Thu has also participated in advanced training courses which include Training and Practicing Chemical and Clinical Radiotherapy, and the Pacific Partnership Programme in Vietnam..

Dr Ha Thu, despite her young age, has already acquired nearly five years of experience in cancer care and treatment. She has also spent time working at the City Cancer Hospital, Ho Chi Minh City (2016 - 2019) and collaborated in the oncology department at Vinmec International Hospital (2017). Over this time, Dr Ha Thu has acquired expertise in the field of cancer treatment including radiotherapy, palliative care, immunotherapy and targeted therapy.

Currently, Dr Ha Thu is working at Hy Vong Cancer Care Centre at FV Hospital, and is in charge of cancer treatment with advanced methods such as radiation therapy, targeted treatment and palliative care. These specialized treatments all help to minimize patients' pain and improve their quality of life.

To book an appointment with Dr Nguyen Huynh Ha Thu, Hy Vong Cancer Care Centre, please contact: (028) 5411 3440 or (028) 5411 3333 028 5411 3333, Ext: 5000



TELEMEDICINE CONNECT WITH DOCTORS **FASTER AND EASIER**



FOR REGISTRATION, PLEASE CONTACT:
(028) 5411 3333 / 0962 627 826

Working time: Monday to Friday: 8:00 – 17:00 • Saturday: 8:00 – 12:00

In July, 2020, FV Hospital will look to implement its own Telemedicine service. This healthcare service will seek to support people who have busy schedules, or those who have difficulty in walking or using transportation. . .

FV's Telemedicine service is designed to support many cases effectively, especially for chronic medical conditions which need to be monitored frequently. These include high blood pressure, diabetes, cardiology, nutrition, chronic pain, among others.

If necessary, patients will be able to arrange vital sign checking services and undergo sample tests (blood or urine) at home. FV's team of nurses will support patients in the collection of samples to enable them to undergo such tests. The results of which and/or medical reports will be provided to the patient timely by doctors over the phone, via mail to the patient's home address, or to their registered email. In addition, if patients are in need of medication, FV's Pharmacy is fully equipped to deliver them directly to the patient's home.

The Telemedicine Service enables patients to take care of their health and monitor chronic medical conditions in a timely manner, with the advantages of saving time and traveling costs.

HEART ATTACK EMERGENCY

CAUSED BY OVER EXERCISING

In June 2020, following a heart attack, FV Hospital provided essential emergency treatment to save Mr Grant Courtney Pratt, a 47-year-old man from New Zealand. The patient began suffering from throbbing pain in his chest, excess sweating and collapsing after undergoing some intense exercise.

Mr Courtney Pratt was taken to FV Hospital by his family immediately following the incident. Based on numerous tests and the results of an ECG scan, the doctor diagnosed that the patient had signs of myocardial infarction. During the emergency treatment for resuscitation, the patient's heart rate returned to normal for a moment and then stopped. This dangerous situation repeated three times. However, thanks to the efforts of the emergency team of doctors which included Dr Ho Chau Anh Thu and Dr Nguyen Thanh Binh, through using a defibrillator, heart massage, and infusion, the patient was finally able to regain his breath. After more than 15 minutes of this life-threatening struggle, the patient's health gradually stabilized, however he still needed the help of ventilators and vasopressors.



Coronary CT findings also showed that the patient had a blockage of the first segment of his anterior ventricular artery which required immediate intervention. Acting with haste, the Cardiac Intervention Team (Cathlab), under the coordination of the Head of Cardiology, Dr Huynh Ngoc Long and Dr Do Thanh Long, quickly administered further treatment on the patient. According to Dr Huynh Ngoc Long, "The location of the obstruction is very critical right at the beginning of the anterior ventricular artery. This is like the gateway of many blood vessels having up to 80% of the blood flow to the heart. During this time, without timely intervention, patients are at high risk of sudden death." After 20 minutes of successful vascular interventions and drug-coated stents, the patient was transferred to a resuscitation room for further care by FV's nursing team. A few days later, the patient's health gradually recovered and he was discharged from the hospital.



To book an appointment with Dr Huynh Ngoc Long, Cardiology Department, please contact (028) 5411 3467 / (028) 5411 3333, Ext: 1216/1165

NORMAL LIFE GIVEN TO CHILD WITH LYMPHANGIOMA

Born in 1996, since birth, Nguyen Thanh Hai has suffered from Lymphangioma in his tongue. The tumour had become as large as a heavy slice of meat, and had led to pushing the boy's tongue out of his mouth. As a result, he could barely drink or eat soft foods normally, and he suffered from severe dryness in his mouth and serious infections. Despite surgical efforts to treat the condition, it did not improve.

In mid-2019, Hai's situation case came to the attention of The Children of Vietnam Charitable Fund. The organisation specializes in providing treatment and surgery for Vietnamese children under 16 years of age who suffer from congenital malformations. When the Fund reached out to Thanh Hai's family, they were overjoyed and immediately took him to FV Hospital for examination and treatment. Nguyen Thanh Hai was seen to by Dr Luong Ngoc Trung, Vascular Surgery & Phlebology department. Based on the results of Hai's MRI scan, Dr Trung took a detailed examination of the structure of the tumour. To find the most successful method of treatment, Hai's condition was specifically meticulously described by Dr Trung in discussions with Dr McKinnon, a world leading expert in brain tumour and complicated tumour surgery.

The Children of Vietnam Charitable Fund scheduled Nguyen Thanh Hai to undergo surgery with Dr McKinnon in October 2019. With the expertise from Dr McKinnon, the tumour and the part of the complicated tongue cyst were removed. The doctor also helped the child to recreate the aesthetics of the tongue by cutting the flap on the sides, and shortening neatly in the oral cavity. This treatment was very important for Hai as if his condition was not corrected

as this stage, he may have had issues with his jaw muscles as well as difficulty in pronouncing and communicating.

After many follow-up visits, there were no signs of relapse of the Lymphangioma in Nguyen Thanh Hai's tongue, and now, Hai has a bright future ahead of him.



To book an appointment with Dr Luong Ngoc Trung, Department of Vascular Surgery & Phlebology, please contact: (028) 5411 3333, Ext: 1250.