

What's up, Doc?

No.6 - July/ 2019

CARDIOLOGIST

LUU HONG DIEM

WELCOMED TO FV SAIGON CLINIC



Since graduating from the University Medical Center Hamburg Eppendorf, Germany in 2005, Dr Luu Hong Diem has continued to focus on improving her expertise in medicine and cardiology. Between 2007 to 2016, Dr Diem attended many advanced training courses at reputable hospitals in Germany, such as: Helios Hanse Hospital and the Kalburg Heart and Diabetes Center. Since 2016, Dr Luu Hong Diem worked at Kalburg Heart and Diabetes Hospital. On the 1st of April 2019 Dr

Diem returned to Vietnam, joining the FV Saigon Clinic in District 1, Ho Chi Minh City.

Dr Luu Hong Diem is highly renowned in the field of intensive clinical treatment, such as echocardiography, echocardiography through the oesophagus, stress echocardiography, ultrasound, thyroid sonography, doppler ultrasound, pacemaker and defibrillator, among others,...

DR NGUYEN QUOC GIANG

OFFICIALLY STARTS WORK AT FV'S NEUROSURGERY DEPARTMENT



On the 29th of May 2019, FV's Neurology Department welcomed Dr Nguyen Quoc Giang as a full-time surgeon in Neurological and Spinal Surgery. After Dr Nguyen Quoc Giang graduated from Ho Chi Minh City Medical and Pharmaceutical University in 2010, Dr Giang worked in the Neurology Department as a surgeon at Trieu An Hospital (2011 - 2014) and Gia Dinh People's Hospital (2014 - 2019) before joining FV Hospital. During this time, Dr Giang constantly improved his expertise and became a first-degree specialist in neurological surgical treatment.

With his specialist knowledge, Dr Giang will work efficiently treating various conditions, such as head injuries, stroke, and any injuries related to the spine...



TREATMENT & CORNEAL TRANSPLANT WITH SINGAPORE SPECIALIST

Beginning in May 2016, FV's Corneal Transplant Programme has helped thousands of people regain their sight as well as being much more affordable when compared to undergoing treatment overseas. The programme was introduced by a team of doctors from the Ophthalmology and Refractive Surgery Department at FV,

along with cornea specialists from Singapore. Patients who have issues with their cornea or want to have corneal transplant will be taking care by the head of the department, Dr Nguyen Thi Mai, together with the top tier specialist in the world, Prof - Dr

Donald Tan. The source for the corneal transplant is imported from reputable corneal banks.

From the 9th to 11th August 2019, Prof - Dr Donald Tan, a president of an association of the World Corneal Society, from Singapore, will work at FV, providing treatment, and corneal transplants for patients who have corneal ulcers, corneal dystrophy and corneal scars. With more than 30 years of experience, Dr Donald Tan is considered to be a master of corneal transplant and refractive surgical treatments, such as penetrating keratoplasty, artificial transplant, reproduce the corneal surface, and lamellar keratoplasty.

To make an appointment with the Ophthalmology & Refractive Department, call: (028) 5411 3333 - Ext: 2000

FV APPLIES SHOCKWAVES IN TREATING MUSCULOSKELETAL JOINTS



FV Hospital's Department of Physiotherapy and Rehabilitation was recently equipped with the Radial Extracorporeal Shockwave machine to use for the period of rehabilitation after treating sport injuries and orthopaedic conditions. This versatile equipment uses shockwaves to create high energy sound waves to impact the pain points, or the spots of injuries. Through this method, it promotes the process of healing some of the chronic, pre-chronic, or subacute musculoskeletal disorders. This treatment helps to; improve the blood vessel system, promote the metabolism, reduce pain, as well as break down the tendons muscle.

Shockwave treatment has many outstanding features, such as: reduces pain fast, treats efficiently, and has no requirement for the patient to use medicine or have surgery. The time for treatment is from 5 to 10 minutes per session, each session is separated by 5 to 14 days and the average number of sessions is about 3 to 5 sessions. This treatment is suitable for patients who have tennis elbow, trigger points, Achille tendonitis, patellar tendonitis,

and shoulder arthritis and calcification. For the patients who are being treated in physiotherapy, the shockwave treatment can be used along with massage techniques, or osteopathy, to provide the best treatment results.

Patients need to have clinical examinations, taking either a MRI or CT scan, or having sonography so that the doctor can best evaluate

whether to send patients to the Physiotherapy and Rehabilitation Department. Especially, in case the patient is using medicine to avoid coagulation, having surgery in the abdomen, lungs, heart, spine, brain; having treatment for cancer, or if the patient is pregnant. They need to have such an evaluation from a specialist before the use of shockwave treatment can be given.

FV
Skin & Laser

From 01/07 – 30/09/2019

Discount

30%*
All Laser
treatment services



From the 1st of July to the 30th of September, FV Lifestyle will run a promotion of 30% off for patients who use skin care and skin treatment service by laser treatment, for the packs from 5 or more treatments needed per service. The services which are bought will be available for 1 year.

There are numerous advantages for patients when having treatment at FV Lifestyle, these include: safety, painless, short time for treatment, and private treatment area. The services

are done directly by advanced dermatologists with modern facilities as well as through an intensive therapy regimen. The laser technology helps in taking care of the skin effectively after every treatment, making it stay healthy for a long time.

To make an appointment at FV Lifestyle, please contact:
(028) 5411 3480 - 0938 506 406

FVH
PARTNER
PROGRAMME

Referral doctor

Doctors who are non - employed by FV hospital to refer patients for screening (imaging, laboratory), medical examination, appoint patients to treat at Internal Medicine, General Surgery or Oncology at FV

External doctor

Doctors who are non- employed by FV hospital but have a right to nominate their patients to be admitted to FV and to use the facilities of the hospital to treat, operate or deliver their patient at FV