

# What's up, Doc?

No. 6 - August/ 2020

## MR NICOLAS DUPAUX JOINS FV'S PHYSIOTHERAPY & REHABILITATION DEPARTMENT

Mr Nicolas Dupaux began his career graduating from the College of Osteopathy, Marseille, France in 2007 with a Masters in Osteopathy coupled with a thesis on sport performance. Since then Mr Dupaux has further enriched his knowledge with specific skills in paediatrics, neonatal, post-partum, dentistry (Temporomandibular Joint Disorders) and biodynamic osteopathic training.

Among his further education includes an Advanced Kinesiology Degree (Neuro-training) which he obtained in three years, and, to this day, he continues to learn new techniques to help treat patients and improve his skills.

Mr Nicolas Dupaux worked at FV previously between November 2007 to 2009, and since then has gradually evolved his practice and skills.

With his educational background and extensive years of practice, we look forward to Mr Dupaux bringing his advanced skills and methods to support patients at FV through helping them recover quicker, lessening their pain and improving their condition.



nasopharyngeal by cotton swab. All screening, sampling and testing procedures strictly comply with WHO, CDC and the Ministry of Health's biosafety regulations to ensure the safety of patients, staff and the community.

FV Hospital was approved to become the first non-public hospital in Vietnam to provide testing and test results for SARS-CoV-2 by the Ministry of Health. FV's Laboratory Department is one of the few laboratories in Vietnam that has advanced modern equipment, and is certified to meet the stringent requirements of the Ministry of Health. The laboratory can approximately carry out 250 to 400 disease samples a day.

The testing quality and the analytical performance of FV's Laboratory Department have been compared and evaluated to meet international standards, making it comparable to all major laboratories in the world. Additionally, FV's Laboratory Department has achieved ISO 15189:2012 certification by the Vietnam Laboratory System (VILAS) and also a level 6 SIGMA VP certification by Westgard QC, the quality measurement organization, in 2019, illustrating the high standards FV abides by for quality. Together, with an international standard PCR system, FV's Laboratory Department is fully confident in its ability to measure and perform testing.

## COVID-19 TESTING THROUGH RT-PCR TECHNOLOGY AT FV HOSPITAL

FV Hospital recently launched a COVID-19 testing service using RT-PCR technology. This service provides patients with two options for collecting samples, either at FV Hospital or at the patients' homes.

For a COVID-19 home screening service, FV's staff will travel to a patient's home, wearing safety protective equipment, to collect the sample, helping customers save time and costs on travel.

FV's Laboratory Department uses the RT-PCR testing technique (Reverse Transcription Polymerase Chain Reaction) which ensures a 99 percent accuracy rate. It also provides test results to patients after only four to five hours from the taking of the sample. The COVID-19 RT-PCR testing method detects gene fragments (RNA) of SARS-CoV-2 in the samples taken from the patient. These are taken from the upper and lower respiratory tract by many different methods, including fluids



To arrange home testing for COVID-19, customers can contact  
**0962 62 78 26**



To undergo testing at FV Hospital, customers can instead contact,  
**028 5411 3333**  
for booking and instructions on the safety procedures prior to visiting the hospital



## EMERGENCY CARE FOR PATIENT WITH CORONARY ARTERY STENOSIS IN MORE THAN 90% OF BRANCHES

On the morning of March 11th, 2020, Mr N.T.T., a 49-year-old patient from Ho Chi Minh City, felt a throbbing chest pain, had shortness of breath and extreme fatigue. As a result, his family immediately took him to FV Hospital.

Based on his previous history of myocardial ischemia and the current state of his health, the doctors admitted him to undergo a Multi-slice Computer Tomography (MSCT). The results showed that the patient had coronary artery stenosis in more than 90% of his branches and they were all in urgent need of treatment. After being consulted by doctors, Mr N.T.T. agreed to undergo an intervention at FV Hospital's Interventional Catheterisation Laboratory (Cathlab).

Under the coordination of Dr Huynh Ngoc Long, Head of Cardiology Department and Dr Do Thanh Long, Senior Doctor, Cardiology Department, Mr N.T.T. was administered with stenting in all of his coronary branches which had become narrowed. After three hours, the doctors successfully placed four stents in the lumen, including two stents connected in 96mm in length to overcome the prolonged diffuse stenosis. Mr N.T.T. gradually was able to breathe normally again and was taken to the Internal Medicine Department to be monitored and to rest. He was subsequently discharged from hospital 48 hours after.

Thanks to the modern equipment, high-experienced team of doctors as well as the skilled coordination of the Cathlab team, the treatment process for Mr N.T.T. went very smoothly without any complications and he fully recovered.



To book an appointment with Dr Huynh Ngoc Long, Cardiology Department, please contact: **028 5411 3333, Ext: 1216/1165**

## SUCCESSFUL TREATMENT FOR 16-YEAR-OLD PATIENT WITH VASCULAR TUMOUR MALFORMATION

FV's Vascular Surgery & Phlebology Department successfully treated K.N., a 16-year-old patient, living in Hue. K.N. had been suffering from a vascular tumour malformation with a painful tumour which had been with her for many years. In addition to physical pain, K.N. was also very self-conscious and felt uncomfortable to communicate with other children to make friends.

Many doctors in Hue diagnosed that K.N. was suffering from widespread vascular malformation which required surgical treatment. However, following such treatment attempts, her vascular malformation appeared again and a larger tumour began to develop, extending from her left hip to her thigh. As K.N. grew up, the tumour became larger, and constantly bled and created discharge. During her second surgery, K.N.'s tumour was successfully removed, however, after a short period of time, once again, it returned. This time, the tumour expanded from a part in her chest to her thigh and her fatal disease continued to make her suffer with both physical and mental pain.

To avoid the risk of necrosis from undergoing further surgery, the doctor monitoring K.N.'s condition at Hue, recommended her family travel to Ho Chi Minh City and meet with Dr Luong Ngoc Trung. Dr Trung has over 15 years of experience in Vascular Surgery & Phlebology at FV Hospital.

After researching the cause, Dr Luong Ngoc Trung decided to treat the condition with medicine alone, and planned two injections at 30-day intervals to monitor the effects of the medicine. In April 2020, K.N. visited FV Hospital for a check-up, and luckily there was a positive result from the treatment. Dr Luong found that "the tumour had been removed by over 80 percent and there were no signs of relapse". Therefore, K.N. would now just need to use medicine under the instruction of her doctors and undergo a re-examination after six months. The results of the treatment have brought K.N. a better quality of life and given her a brighter future ahead.



To book an appointment with Dr Luong Ngoc Trung, Vascular Surgery & Phlebology Department, please contact: **028 5411 3333, Ext: 1250**



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To refer patient - Hotline: **0962 627 837** - Email: **partners@fvhospital.com**