

# What's up, Doc?

No.8 - September/ 2019

## DOCTOR BASMA M'BAREK, HEAD OF FV'S ONCOLOGY DEPARTMENT, PRESENTED ON "UPDATING AND DIAGNOSING NON-SMALL-CELL LUNG CARCINOMA HAVING EGFR MUTATION" AT SCIENTIFIC SEMINAR



On August 31st 2019, Ho Chi Minh City Oncology Hospital cooperated with AstraZeneca, a multinational pharmaceutical and biopharmaceutical company, to hold a scientific seminar on "Diagnosing and Treating Non-Small-Cell Lung Carcinoma Having EGFR Mutation". It was held in Nikko Saigon Hotel, District 1, for doctors to discuss and share their experiences in treating the disease.

Attending the seminar, Dr Basma M'Barek, Head of FV's Oncology Department (or Hy Vong Cancer Care Centre), shared her experiences on the topic "Optimizing When Using Osimertinib in Treating Non-Small-Cell Lung Carcinoma NSCLC & Sharing Treated Cases". Basma's presentation took documents from successfully treated cases at Hy Vong Cancer Centre, which really attracted the attention from the audience. The guests asked numerous questions to receive advice and hear about the steps of diagnosis and treatment as well as the effects of the new methods which were applied at Hy Vong Centre.

Hearing specific techniques and how to put them into practice from Dr Basma M'Barek, as well as other medical professions, contributed to the success of the seminar. FV Hospital is always keen to contribute to the Vietnamese medical community by giving the most positive progress on diagnosing and treating non-small-cell lung carcinoma.



## MR PHAN VAN BINH, A THERAPEUTIC RADIOGRAPHER AT FV HOSPITAL, ACHIEVED THE BEST PRESENTATION IN THE 7TH VIETNAMESE ANNUAL CONFERENCE OF RADIOLOGICAL TECHNOLOGISTS

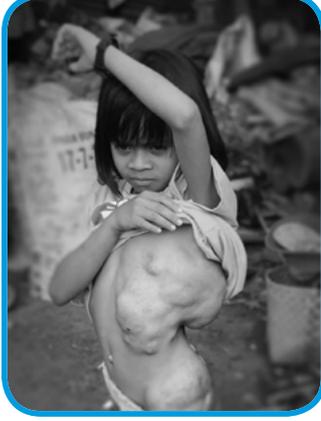
Participating in the 7th Conference, hosted by the Vietnamese Association of Radiological Technologists, on August 23rd and 24th 2019 in Ariyana Conference Centre, Da Nang; FV Hospital's Hy Vong Cancer Centre was recognized as the centre with the best presentation on radiotherapy and nuclear medicine. The report was regarding the "Introduction to Motion Management in Radiotherapy with Active Breathing Coordinator (ABC) Experience at FV Hospital". It was presented by Mr Phan Van Binh, a Therapeutic Radiographer from the centre, and gained great attention from the guests due to the practical benefits it brings to cancer patients in their treatment.

Mr Phan Van Binh presented the deep inspiration hold breathing technique with the Active Breathing Coordinator (ABC) system using his experience from cancer cases at Hy Vong Cancer Centre. The presentation was illustrated with a video clip to demonstrate easily the modern technique which is applied at

Hy Vong Cancer Centre at FV Hospital and in a couple of other hospitals in Vietnam. This new procedure achieves for patients both a better outcome and more accuracy. The drawback is that the radiotherapy procedure lasts longer due to the additional explanation and training provided by the therapeutic radiographers. This includes instructions for patients on how to coordinate their breathing to fit the treatment plan. Another drawback is the need for more collaboration from the patients for the procedure to be successful.

Mr Binh added that there is a lot of advanced technologies that can be applied to radiotherapy which have been implemented in other developed countries. Vietnam generally, and Hy Vong Cancer Centre specifically, will update consistently and apply the best techniques to bring the most effective care to patients.





**GIRL'S LIFE RETURNED TO NORMAL AFTER 8 YEARS CARRYING 4-KILOGRAM TUMOUR ON HER BACK**

On August 28th 2019, FV Hospital performed surgery successfully for H Miri Ām Ksər, 8 years old, from The Rade ethnic group. The operation was

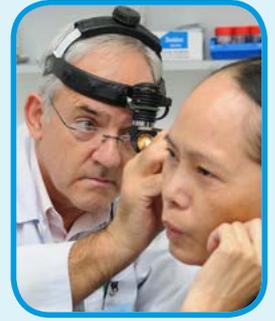
performed to remove a 4-kilogram tumour from the patient's back. All the costs, including transportation, consultation, treatment fees, such as fibre injection and the surgery, were all sponsored by FV's Children of Vietnam Charitable Fund.

Doctor Luong Ngoc Trung, a surgeon from FV's Vascular Surgery Department, and leader of the surgical team, said that it was a very special case. The patient had a large tumour causing a lot of complications as it put pressure on her cervical vertebrae, spine, hip joint, and bones in her legs. Moreover, her invasive organs could threaten her health and the physiological appearance also could affect her psychologically when she grew up. When being examined at FV Hospital, the patient was malnourished and suffered from scoliosis due to the tumour, which had led to her left leg being twice as large as her right one.

During the diagnostic imaging process using MRI, Doctor Luong Ngoc Trung cooperated with Doctor Pierre Jaillot, Head of Imaging Department, to discuss the vulnerability level, the structure and the flow of the blood vessels. Doctor Trung defined exactly Ām Ksər's condition, the patient was suffering from venous vascular malformation which also led to lymphatic disease. Doctor Trung said that the patient could be treated by injecting fibre to treat the unhealthy blood vessels and then carrying out surgery. The first injection was carried out on March 26th, and each following injection was done after 30 to 45 days. In every follow-up examination, Doctor Trung followed the patient's progress and realized that the medicine had been efficient in its objective. Subsequently, at the beginning of August 2019, all the tumours on her body had reduced by more than 70%.

**END THE WORRY OF HEARING LOSS WITH FRENCH EXPERT PHD. DR BERNARD COLIN**

From 7/10/2019 to 22/10/2019, PhD. Dr Bernard Colin will work at FV to treat patients who are suffering from deafness, perforating eardrum, otosclerosis, and chronic otitis at FV's Otorhinolaryngology Department. "If the problem is detected early and treated quickly, the rate of hearing improvement can be up to 90 per cent.", affirmed Dr Colin.



With more than 35 years of experience working in France and being formerly the Head of the Otolaryngology Department at St Luc Hospital, Lyon, France, PhD. Dr Bernard Colin is famous in the Vietnamese medical community due to his knowledge of complex ear surgeries, especially replacing the stapes technique in treating otosclerosis. Moreover, the treatment process is very light and dulcet, using less medicine and having a fast recovery.

**To schedule an appointment with Dr Bernard Colin, please call: (028) 54 11 33 33, ext. 7711.**

On the morning of August 28th, 2019, Ām Ksər underwent surgery to cut off the vascular malformation which appeared on 5 places on her body, from her back to her left leg. The surgery lasted about 6 hours and was successful as predicted. Doctor Trung helped her to reject the majority of malformed blood vessels, the remainder were injected with fibre to continue to disintegrate them. In addition, doctors also focused on preserving her skin and keeping the aesthetic features on her body after the wound had healed.

Ām is discharged from the hospital following 6 days of postoperative care. We hope Ām will have a happier life after the removal of the burden on her back which has physically and psychologically affected her for so long.

**SUCCESSFULLY SOLVES CASE OF REMOVING FOREIGN OBJECT FROM THE VAGINA OF A 8-YEAR-OLD GIRL WHICH HAD BEEN THERE FOR 2 YEARS**

An 8-year-old girl came to FV's Urology Department to be examined for the condition of vaginitis due to itching and dripping since she was 6 years old. Having taken examinations in many hospitals and obstetrics and gynaecology clinics, in the past she was diagnosed vaginitis and treated by antibiotics, as well as a feminine hygiene solution to use every day, but the condition still remained. The patient was examined and the foreign object was found in the vagina which had been there for two years. It was subsequently successfully removed by Dr Pham Ngoc Thach.

With his experience of solving a lot of cases of foreign object issues, Dr Pham Ngoc Thach predicted that the reason the patient was suffering from vaginitis for a long time was due to a foreign object. He decided to administer an endoscopy as a result. It showed that there was an object with a 10-millimetre diameter in her vagina, which had stuck itself to the inner wall and caused inflammation, as well as a dense and unhealthy smelling pus. After having the foreign object removed and vagina cleaned by the doctors, the inflammation disappeared and the patient was discharged from the hospital.

Dr Pham Ngoc Thach said in cases where foreign objects seem possible in girls' vaginas, performing a vaginal endoscopy to investigate and remove them is the best course of action as the object can be observed clearly from the inside. The endoscope should be small or new-born sized to avoid causing damage and tearing surrounding soft tissue, especially a patient's hymen. If it is not detected and treated immediately, such foreign objects will cause inflammation, vaginal bleeding for a long time and serious infection, which could affect fertility later.



**FVH**  
**PARTNER PROGRAMME**

**Referral doctor**

Doctors who are non - employed by FV hospital to refer patients for screening (imaging, laboratory), medical examination, appoint patients to treat at Internal Medicine, General Surgery or Oncology at FV

**External doctor**

Doctors who are non- employed by FV hospital but have a right to nominate their patients to be admitted to FV and to use the facilities of the hospital to treat, operate or deliver their patient at FV