

What's up, Doc?

No. 10 - December/ 2020

DR NGUYEN MINH DUC

Joins Neuro-Surgery & Endovascular Surgery Department Of FV Hospital



Dr Nguyen Minh Duc graduated from University of Medicine, Ho Chi Minh City, in 2010 and received his Specialisation Level I, Neurosurgery, in 2018 from the same university. Dr Nguyen Minh Duc also participated in many advanced training course for Neuro-surgery in Vietnam and other countries including: Cerebral Angiography (2012), Neurovascular Educational Program (2013), and Endovascular Neurosurgery (2019).

With over 10 experience year, Dr Nguyen Minh Duc is considered as one of the highest experts in treatment for many diseases such as: Brain aneurysms, Brain and spine arteriovenous malformations, Stroke management, Head trauma management and Spine surgery. Through his career has helped many patients to recover from the disease and have a better life.

In the past, Dr Nguyen Minh Duc worked at Endovascular Neurosurgery Unit, Neurosurgery Department, Nguyen Tri Phuong Hospital (2010-2017) and he undertook the role of Head of Unit of Endovascular Neurosurgery in this hospital from 2019; Senior Consultant, Endovascular Neurosurgery, Neurosurgery Department, Vinmec Central Park Hospital (2019). In December, 2020, Dr Nguyen Minh Duc decided to join Neuro-Surgery and Endovascular Surgery Department at FV Hospital.



To make an appointment with Dr Nguyen Minh Duc, Neurosurgery and Endovascular Surgery Department **please contact: 028 5411 3333, ext: 1528/1519**



DR VALERIE MARIES

Returns To Paediatric Department of FV Saigon Clinic

Dr Valerie Maries graduated from University of Medicine, Angers, France in 1990. After that, she participated in many other specialised training sessions in France including: Clinical Toxicology (1991), Epidemiology and Statistics (1991), Toxicology (1992), Tropical Diseases (2015), Paediatric (2016), Child Motor, Cognitive, Behavioural and Sensory Development (2016). The most recent training aid her in the evaluation and treatment of physical growth disorders as well as sensory deficits or disorders with acquisition, communication or behaviour with patients at an early age.

Dr Valerie Maries with over 30 experience years in medicine has a high level in the specialisation of tropical and contagious diseases in children in addition to preventative medicine for children. Dr Valerie Maries worked at Public Health and Preventative Medicine for Children, Le Mans, Angers, France (1991-2002, 2004-2012), Paediatric, Instituto Do Coração, Maputo, Mozambique, (2012-2014), Paediatric, Centre Medical International (CMI), Ho Chi Minh City, Vietnam (2016-2020). Dr Valerie Maries previously has work at FV in the Paediatric Department (2003 – 2004) and the Saigon FV Clinic (2014 – 2016). On November 2020, Dr Valeria Maries decided to return to FV and practice from the Paediatric Department of FV Saigon Clinic.



To make an appointment with Dr Valerie Maries, Paediatric Department of FV Saigon Clinic, **please contact: 028 62 90 61 67 or Hotline: 0903 013 500**

FV Launches A New Hydrogen Breath Test Service To Diagnose Lactose Intolerance And Small Intestinal Bacterial Overgrowth (Sibo)

FV Hospital is the only place in Ho Chi Minh City to use advanced Hydrogenius breath test technology. This portable hand-held device detects the level of Hydrogen in a patient's breath to aid diagnosis of food malabsorption, sugar and lactose intolerance disorders or small intestinal bacterial overgrowth (SIBO).

Compared with other tests such as measuring the absorption of lactose in the gastrointestinal tract, testing the acidity level in stool or a small bowel biopsy, the method of testing for Hydrogen in exhaled breath is simple, non-invasive, fast and highly effective. It gives instant results, enabling physicians to reach a diagnosis in around two hours.

At FV's Nutrition & Dietetics Unit, doctors will consider prescribing Hydrogen breath testing if the patient has the following symptoms:



- Lower/upper abdominal pain/discomfort
- Bloating
- Stomach irritation
- Nausea
- Excessive belching
- Diarrhea/constipation

With the application of this test, it's easier to accurately diagnose patients with gastrointestinal problems so that disease can be detected earlier and a comprehensive treatment regimen developed for the best possible outcome.



To schedule a Hydrogen breath test at FV's Nutrition & Dietetics Unit, please contact: 028 5411 3333, ext: 1419

FV Successfully Treats Pelvic Congestion Syndrome Via Integrated Intervention

Mrs. N. A, a 37 year old patient who lives in Vinh Long, was diagnosed with venous insufficiency of her left leg. Three or four times a year, her leg and knee joint would swell and she'd experience pain in her lower left abdomen. Over a three year period, Mrs. N. A. went to many major hospitals in Ho Chi Minh City for examination and treatment. She was offered intravenous laser surgery, but her condition did not improve. Her number of episodes doubled to six or seven a year and her pain was so acute that Mrs. N. A. felt she had not been properly treated.



Mrs N.A

After being introduced by a friend, Mrs N.A. visited FV Hospital and met Dr Luong Ngoc Trung at the Vascular Surgery Department. After examination, Dr Trung found that Mrs. N.A.'s clinical symptoms and ultrasound images did not indicate varicose veins alone, but suspected that she was experiencing pelvic congestion syndrome. When conducting

a pelvic CT scan, the results showed that the patient had varicose veins of the left ovary, causing pelvic varicose veins. Mrs N.A. also had symptoms of varicose veins in her left leg.

At the beginning of Mrs N.A.'s treatment, Dr Trung indicated to use the internal medicine method. Two months later, Mrs N.A.'s condition improved significantly. The pain in her abdomen had greatly reduced and her legs were no longer swollen. Dr Trung wanted to continue her care by surgical obstruction of the left ovary vein via intravascular intervention.

The operation, via a single needle puncture in the skin, was performed successfully within an hour in the Cardiovascular Intervention Room (Cathlab) with local anaesthesia. Immediately after intervention, Mrs. N.A. patient could walk freely without needing pain relievers. She was discharged after one day.



The Cardiovascular Intervention Room (Cathlab)



To make an appointment with Dr Luong Ngoc Trung, Vascular Surgery Department, please contact: 028 5411 3333, ext: 1528



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