

What's up, Doc?

No.8 - October/ 2018

FV HOSPITAL'S HIGH-RISK PREGNANCY SERVICE



FV Hospital has set up a high-risk pregnancy unit under Dr Yann Dréan and Dr Nguyen Thi Vinh Thanh, both highly trained obstetricians/gynaecologists.

A high-risk pregnancy is one in which some condition puts the mother or the developing foetus, or both, at an increased risk for complications during or after pregnancy and birth. Doctors who manage high-risk pregnancies are called Maternal-foetal medicine specialists (MFM).

The most common medical illnesses and obstetric high-risk conditions, affecting the mothers, managed by these specialists include hypertension, diabetes, seizure disorders, autoimmune diseases, and blood clotting disorders. Certain infectious diseases that can affect both mother and child, such as HIV, cytomegalovirus, and parvovirus are often managed by MFM specialists as well. MFM specialists provide care for women who are at increased risk for preterm birth, including multiple gestations, women with cervical insufficiency who may require

a surgery to prevent preterm birth, and women with placental problems such as bleeding from premature separation (placental abruption). In addition, MFM specialists are often responsible for the management of preterm labour, premature rupture of membranes, and other complications during labour that have the potential to impact newborn and long-term infant outcomes.

Numerous foetal illnesses and abnormalities are managed by MFM specialists. These include structural malformations (birth defects), chromosomal abnormalities, genetic syndromes, cardiac arrhythmias, blood disorders, congenital infections, and intrauterine growth abnormalities. MFM specialists are specially trained in diagnostic ultrasound and can play an important role in screening for foetal chromosome abnormalities and birth defects. For optimal care, certain birth defects, such as neural tube defects (spina bifida) and congenital heart defects require a multidisciplinary approach, and MFM specialists often coordinate this in preparation for delivery. Pregnancies complicated by foetal illness may require specialised care that can include foetal testing, interventions, and determining the timing and route of delivery to optimise neonatal outcome.

The MFM specialists perform specific procedures: in addition to common obstetric procedures (e.g., external cephalic version, cerclage, amniocentesis, vaginal and cesarean delivery), many MFM doctors have specialised training in chorionic villus sampling (CVS), percutaneous umbilical cord sampling, foetal transfusion, foetal biopsy, diagnostic foetoscopy, and procedures specific to multiple gestations. MFM specialists are trained in obstetric ultrasound and perform both screening and diagnostic examinations of the foetus, placenta, uterus, and cervix at key times during gestation. MFM specialists may also be involved in procedures related to critically ill patients, including cesarean hysterectomy.

PERFORMED SUCCESSFULLY ENDOSCOPIC SURGERY FOR CANCER PATIENTS

Uterine cancer is one of the most common gynecologic cancers in women but can be cured if detected in the early or first stage. In September, 2018, FV Hospital has successfully performed an endoscopic surgery for endometrial cancer for Ms. T.T.N.H (60 years old). This is an advanced method and only applied in a few treatment centers throughout the country.

Ms. T.T.N.H was initially diagnosed with endometrial cancer greater than 50%, near the 2nd stage. After consultation with the doctor, the best option is endoscopic surgery to remove the entire uterus, fallopian tubes, ovaries, and pelvic lymph nodes. Compared with open surgical method, this endoscopic surgery technique has the advantage of minimal invasion, aesthetics, helping shorten staying and recovering period.

The operation was successfully performed after nearly 3 hours by the Head and Deputy Head of FVH's Obstetrics and Gynecology Department - Dr. Yann Dréan and Dr. Nguyen Thi Vinh Thanh and the team. All postoperative specimens were tested to control the extent of metastasis, so that doctors would decide whether or not patients needed radiotherapy or chemotherapy. The patient recovered and was discharged in the next 4 days. The results showed no signs of metastasis, meaning that the patient did not have to undergo radiotherapy or chemotherapy.

Such success of the surgery was contributed by many factors: the disease was diagnosed at an early stage, the experienced, dedicated, specialized in the treatment of tumors team of doctors, along with cutting-edge facilities of FV Hospital.



DR TRUONG HIEU NGHIA HAS ASSUMED HIS ROLE AS DEPUTY HEAD OF THE IMAGING DEPARTMENT



Dr. Truong Hieu Nghia graduated from Ho Chi Minh City Medicine and Pharmacy University in 1987. He then continued his studies in Diagnostic Imaging specialty at the Universities of Tours (1995) and Marseille University (2000) in France. In addition, Dr. Truong Hieu Nghia also completed an advanced training sessions in the field of Family Medicine of Pham Ngoc Thach University of Medicine in 2014.

Formerly working at FV Hospital in 2002-2006 and after a hiatus until October 2018, he returned to FV Hospital as a Deputy Head of the Imaging Department.

Dr. Hieu Nghia is a dedicated physician with expertise in X-ray Scan, Artery Scan, CT scans, Magnetic Resonance Imaging, Mammography, Ultrasound Scanning, Interventional X-ray with 26 years of experience in clinical and practice management, providing patients with comprehensive initial diagnostic orientation, then applying the most appropriate screening and treatment strategy.

Dr. Hieu Nghia was previously a lecturer at Can Tho University, Head of Imaging Department at Nhi Dong 1 Hospital, Medic Medical Center, Nhi Dong 2 Hospital, and Vinmec International Hospital.

FV HOSPITAL UPGRADES ITS INTERNAL MEDICINE WARD

FV Hospital reopened its Internal Medicine Ward in September, 2018 with state-of-the-art facilities and equipment to ensure patients' highest level of satisfaction when being cared for at FV Hospital.

The Department of Internal Medicine now has 32 patient rooms, including deluxe rooms, VIP rooms and CCU and HDU rooms. The rooms are completely renovated, ranging from facilities to modern equipment, meeting the standards of patient care from the Internal Medicine, Oncology, Gastroenterology and Cardiology departments. In particular, the Ward also has a dedicated room for patients undergoing cardiovascular intervention at the Cathlab.

The ward's equipment has been updated to include the latest generation of health monitors, infusion pumps and enteral feeding pumps, and specialised machinery for cleaning and disinfecting medical equipment, ensuring optimal infection control and prevention for improved patient safety.



FV Hospital's advanced hemorrhoid treatment via laser is almost painless and ensures a fast recovery. Plus, from now to December 31, 2018, FV is offering discounts of at least VND 10 million per surgery for the first 20 hemorrhoid laser surgeries performed at FV.

Advantages of this method include:

- The locations of hemorrhoids are determined with relative accuracy.
- It does not affect or damage surrounding tissues.
- There is minimal discomfort and no scarring.
- No risk of anal stenosis complications.
- Less bleeding after surgery than other treatment methods.
- Effective treatment with limited risk of recurrence.
- The procedure is relatively short with a quick recovery, and fewer risk of complications during and post-surgery.

This technique is available for patients with stage two or three hemorrhoids; some patients with stage four hemorrhoids can also be treated via this method. When undergoing hemorrhoid treatment at FV, in addition to benefitting from the most advanced treatment technologies, patients also experience international-standard services delivered by a team of professional doctors and nurses dedicated to ensuring their comfort and quick recovery.

DISCOUNTS FROM VND 10.000.000 FOR HEMORRHOID LASER SURGERY



Please contact:
General and Thoracic Surgery on 028 5411 3333, ext: 1250
<http://www.fvhospital.com/medical-services/general-thoracic-surgery/>

**FVH
PARTNER
PROGRAMME**

Referral doctor

Doctors who are non - employed by FV hospital to refer patients for screening (imaging, laboratory), medical examination, appoint patients to treat at Internal Medicine, General Surgery or Oncology at FV

External doctor

Doctors who are non- employed by FV hospital but have a right to nominate their patients to be admitted to FV and to use the facilities of the hospital to treat, operate or deliver their patient at FV