

What's up, Doc?

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DR NGUYEN HOANG MY PHUNG, SPECIALISATION DEGREE LEVEL I: THE NEW MEMBER OF THE NEUROLOGY DEPARTMENT, FV HOSPITAL

Dr Nguyen Hoang My Phung graduated from Pham Ngoc Thach University of Medicine in 2006 and received her Specialisation Degree level I in Neurology in 2015 at this school. In addition, Dr My Phung participated in advanced fellowships on Electromyogram (2017), Electroencephalogram (2018) and Electrocardiogram (2019).

With 16 years of experience in Neurology, Dr My Phung has great expertise in examination and treatment of stroke; peripheral neuropathy; facial pain, headache and seizures. She has successfully treated many cases. To her colleagues, Dr My Phung is considered professional and knowledgeable with latest techniques in neurology.

Previously, Dr My Phung provided care at: An Binh Hospital (2007-2016); International SOS Vietnam (2016-2017); Emergency Resuscitation Department, Tan Hung General Hospital (2017). She was Head of Department, Functional Exploration Department, Saigon South Hospital (2018 - 2021). On December 2021, Dr My Phung officially became a member of the team of the Senior Consultants at FV Hospitals Neurology Department.

At FV, Dr My Phung wishes to approach patients with a desire to share, understand and accompany the patient throughout their treatment. Hopefully, with her talent and enthusiasm, Dr My Phung will effectively diagnose and successfully treat our patients to overcome their diseases and continue enjoying their healthy lives.



To make an appointment with Doctor Nguyen Hoang My Phung, please contact: **(028) 5411 3333 - Ext: 1541**

FV HOSPITAL IS RECOGNISED AS A GRADE II HOSPITAL BY THE MINISTRY OF HEALTH



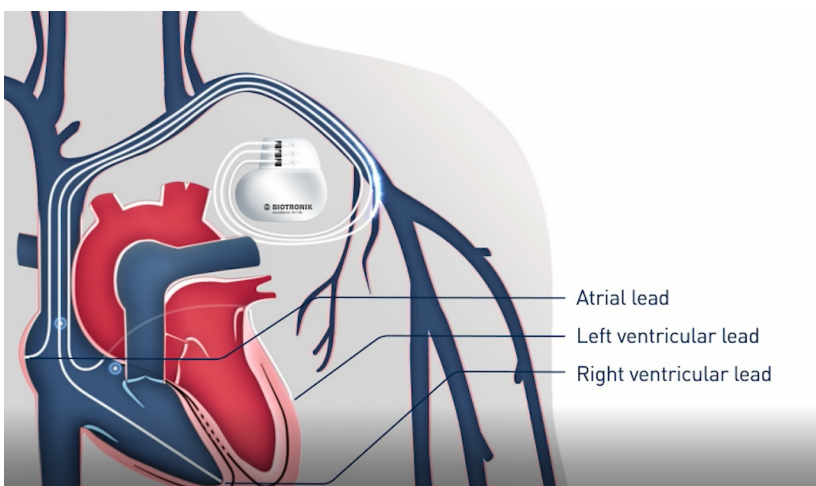
On March 3, 2022, FV Hospital was officially recognised as a Grade II Hospital, according to decision No. 535/QĐ-BYT, issued by the Ministry of Health. Since 2018, FV Hospital has made great efforts to expand the scope of treatment indications applied by Social Insurance in order to reduce treatment costs for patients, while at the same time enabling more people in Vietnam to benefit from the medical expertise offered at the hospital.

From 2018 until today, FV Hospital has applied for certification to perform more than 3,300 more specialised techniques, bringing the total number of techniques that FV can perform to over 13,600. This was also key to ensuring FV could be promoted to a Grade II hospital.

Grade II hospitals have a broader list of prescribed drugs and specialised techniques that it can offer. At the same time, FVH is also a hospital with professional and technical divisions equivalent to hospitals in provinces and centrally run cities, so coverage from health insurance is also better, meeting the treatment needs of patients by reducing their out-of-pocket costs.

The hospital promotion has helped support a part of treatment costs at specialties covered by health insurance (HI, under Vietnam Social Insurance) such as Cardiology, Ophthalmology, Trauma and Orthopaedics, and particularly Hy Vong Cancer Centre. Accordingly, the number of therapeutic drugs included in the insurance list (i.e. covered by health insurance at FV) will be expanded compared to those available to Grade III hospitals.

Under the new designation, FV Hospital will continue to improve healthcare services for people. In addition, FV also aims to expand and develop the hospital to further improve its position in the medical field in Vietnam.



INSTALLATION OF A 3-CHAMBER CARDIAC RESYNCHRONISATION THERAPY DEVICE IMPROVES THE QUALITY OF LIFE FOR HEART FAILURE PATIENT

Mr P.D.T. had a 5 year history of heart failure. Whenever feeling short of breath or having a bout of fatigue, shortness of breath, or oedema, he was hospitalised to treat an exacerbation of heart failure. This condition recurred for years because there is no available treatment. Until mid-January 2022, the patient's heart failure began to show more serious signs, including having to lie down completely unable to move on his own.

After reviewing the entire medical record, Dr Hoang Quang Minh (FV Cardiology Department) determined that the patient had hypertrophic cardiomyopathy, a disease where the heart muscle walls are thicker than normal, thereby reducing the ability to contract, reducing the blood volume of the heart. This pathology also led to conduction disturbances (left bundle branch block QRS 152ms) and is associated with a decrease in the ejection fraction of the heart to less than 50%, so it was recommended that the patient should have installed a 3-chamber cardiac resynchronization therapy device (pacemaker) with defibrillation heart fibrillation (CRT-D).

The patient underwent a 3-chamber pacemaker fitting procedure with defibrillation (CRT-D) in the Cardiac Catheterisation Laboratory (Cathlab) at FV. The device has 3 conductor wires, including 2 pacing wires connected from the machine to the left ventricle and right ventricle; a receptor wire that connects to the atria to receive rhythm signals produced by the heart. The sensor wire when receiving the signal will initiate device, then the device will stimulate the 2 ventricles to create a beat, so that the time

between the natural heartbeat and the beat generated by the CRT machine is exactly 40ms (0.04 second). This creates synchronicity with the patient's current heart rate, helping the heart maintain the optimum beat rate for the weakened heart.

After inserting a CRT pacemaker, the patient continued to be monitored and assessed for compatibility with the device's operation over a period of 30 days, before discharge. Ms H, Mr T's daughter said: "I see that my father's health has improved significantly compared to when he did not use the device. After the time when the machine started to be compatible with the body, the situation improved even more, he also did not need a ventilator anymore." With thanks to the good post-operative care process, it also contributes to speed up the recovery of the patient, providing psychological support to the patient and family, and minimising possible post-surgical complications.

According to Dr Hoang Quang Minh, the option of placing the pacemaker helps patients move from heart failure level IV (according to the NYHA scale) to heart failure level II, that is, from very severe to moderate form. Patients who had limited mobility and needed constant care are now able to walk and live on their own, greatly improving their quality of life. It can be said that the treatment team has achieved its goal thanks to the development of medical technology.



To make an appointment with Dr Hoang Quang Minh, please contact: **(028) 5411 3467**



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POST COVID-19 CHECK-UP PROGRAMMES

Early examination, timely control of complications

- Standard Programme 9,800,000 vnd
- Extensive Programme 16,400,000 vnd
- Comprehensive Programme 24,900,000 vnd



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