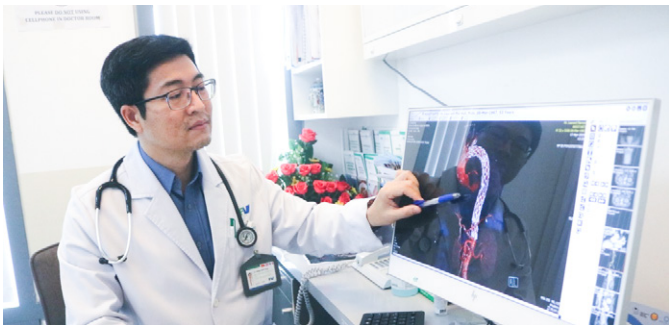


What's up, Doc?

No.5 - June/ 2022

FV's Successful Intervention For Patients WITH SUPERIOR MESENTERIC ARTERY SYNDROME



Dr Luong Ngoc Trung said, this condition, when hospitalised usually has two forms, acute and chronic. In the case of an acute condition; that means the artery is suddenly blocked, emergency care must be taken quickly to open the artery that supplies the intestine, otherwise there is a risk of having to remove the entire intestine. In chronic cases, the arteries narrow over time; and the body has an adaptive response to form a loop around, so the process of narrowing and occlusion of the artery takes place slowly. "When there are early symptoms and early detection, the doctor can provide a suitable treatment plan with high efficacy. However, there are chronic cases that when misdiagnosed as digestive disorders, the disease will turn from chronic to acute with high risk of mortality".



To make an appointment with Dr Luong Ngoc Trung, Thoracic & Vascular Surgery Department, please contact: (028) 5411 3333, ext: 1250

Patient LHS (50 years old, Singaporean) was admitted to the FV's Accident & Emergency Department with severe abdominal pain. Previously, the patient often experienced pain about 2 hours after eating. This condition repeated with increasing frequency and intensity of pain. The patient was a smoker with high cholesterol and high blood pressure. All these factors, together with the repeated abdominal pain made Dr Luong Ngoc Trung (MD, MSc, Thoracic & Vascular Department) suspect that this was a sign of intestinal ischemia, a typical sign of the superior mesenteric artery damage.

After the initial examination, the doctor recommended the patient to have a CT scan and the imaging results showed the superior mesenteric artery was dissected, causing narrowing of the intestinal supply vessels. The diameter of the superior mesenteric vessels was about 10 mm narrowing to only about 3 mm, causing insufficient blood flow to supply the intestines. Mr LHS was immediately taken to the interventional Catheterisation (Cathlab) to fit a stent to widen the narrowed artery. After an hour-long surgery, Mr LHS was saved in time and his abdominal pain completely disappeared afterwards.

From 2022, FV Hospital has signed a contract with Social Security to ensure funding for patients with National Health Insurance to perform procedures in the Cathlab, including intervention and vascular stenting. FV wishes to bring more and more opportunities for patients to access the most modern treatment techniques and medical services at an international standard.

FV HOSPITAL EXPANDS COOPERATION WITH LOCAL MEDICAL INSTITUTION & UNIVERSITY THROUGH ACADEMIC WORKSHOPS



Recently, the FV Hospital's Bone and Joint Centre successfully organised the academic workshop "Artificial hip replacement via SuperPath technique". The programme took place on the morning of 4th June in the FV auditorium, with participation from more than 60 people including experts, lecturers and Specialist Level I and II, students at University of Medicine and Pharmacy from the Ho Chi Minh City, as well as surgeons and rehabilitation doctors who study and work in the field of orthopaedics at many hospitals across Ho Chi Minh City and neighbouring province.

The programme consisted of four parts: A presentation on artificial hip replacement using the SuperPath technique, presented by Le Trong Phat, (MD, PhD, Head of FV's Bone and Joint Centre). To introduce the method of early rehabilitation after surgery, Ms Catherine Cousin (PhD, Head of Physiotherapy & Rehabilitation), led a practical knowledge on-the-spot; a question and answer session.

Through this workshop, Assoc. Prof. Do Phuoc Hung (MD, Head of Orthopaedics and lecturers at the University

of Medicine and Pharmacy at Ho Chi Minh City) hopes that the doctors developed foundational knowledge about the SuperPath technique and modern methods of rehabilitation support, with a spirit of learning and constant innovation. Assoc. Prof. Hung shared: "Professional development is a must in medicine. Moreover, it also promotes areas around the medical industry to develop accordingly." He also believes that these academic workshops will foster larger research collaborations between FV and the University of Medical and Pharmacy at Ho Chi Minh City in the future.

At the end of the workshop, representatives from FV Hospital and the Orthopaedics Department of University of Medicine and Pharmacy shared their plans to expand the workshop into a series of seminars. Their vision is to help many doctors' access new knowledge and techniques from theory to practice, bringing benefits first to patients, while also assisting doctors and technicians working in orthopaedics develop their skills.



DOCTOR **NGUYEN THI GIANG** JOINING FV'S MAXILLOFACIAL & DENTAL DEPARTMENT

Doctor Nguyen Thi Giang graduated from Can Tho University of Medicine in 2005 and her specialisation level I major is in Dentistry - Jaw - Facial at Ho Chi Minh City University of Medicine in 2014. Dr Nguyen Thi Giang also participated in short-term specialised training courses such as: orthodontics (2008 – 2009; 2017) and evolutionary biology at An Sinh hospital, Ho Chi Minh City (2008 - 2011), and jaw surgery (2018) at the National Hospital of Odonto-Stomatology, Ho Chi Minh City; and advanced orthodontics in Singapore (2019).

With more than 17 years' experience in the field of orthodontics and maxillofacial surgery, Dr Giang wishes to provide patients a radiant face and a bright smile to be more confident and happy in life.

It is known that Dr Giang used to work for 14 years at An Sinh Hospital (2006-2020) as an orthodontist. By June 2022, Dr Nguyen Thi Giang will join the team of Maxillofacial & Dental Department of FV Hospital, providing patients with advanced, safe orthodontic methods and improving smiles with confidence.



To make an appointment with Dr Nguyen Thi Giang, Maxillofacial & Dental Department, **please contact: (028) 5411 3435**

DOCTOR **HO NGOC KHANH** JOINING FV HOSPITAL'S OBSTETRICS & GYNAECOLOGY DEPARTMENT

Dr Ho Ngoc Khanh graduated from Hue University of Medicine in 2014 and graduated the specialisation degree level I in Obstetrics & Gynaecology from HCMC University of Medicine and Pharmacy in 2019. Dr Ho Ngoc Khanh has completed many specialised training courses, such as: Intrauterine insemination technique (2017), Ultrasound in Obstetrics & Gynaecology (2017), Laparoscopic Surgery in Obstetrics (2017), General Ultrasound, Colposcopy, and Plevic Floor (2018), Laparoscopic hysterectomy (2021), Prenatal Counselling (2022), and Fourth prenatal consultation and amniocentesis (2022).

With his eight years of professional experience and expertise in obstetrics and gynaecology, such as: Pregnancy Management (Vaginal delivery, Cesarean section, VBAC...), Laparoscopic surgery in Obstetrics & Gynaecology, Antenatal diagnosis (Obstetric ultrasounds, amniocentesis...), Medical treatment for gynaecological diseases, Dr Ho Ngoc Khanh is always trusted by patients.

Previously, Dr Ho Ngoc Khanh worked at the Obstetrics & Gynaecology Department, Binh Duong General Hospital (2014-2016); Senior Consultant, Obstetrics & Gynaecology Department, Xuyen A General Hospital (2016-2021); Professional advisor for Tam Tri Hospital. He was appointed to be the Head of Obstetrics and Gynaecology Department for the period 2021-2022 at this hospital; Professional advisor for Bao Sanh Thien Hau Hospital from 2017 to present: specialised management in obstetrics, gynaecology and ultrasound in obstetrics and gynaecology.

From March 2022, Dr Ho Ngoc Khanh officially became a member of the team of the senior doctors in the Department of Obstetrics and Gynaecology at FV Hospital, to help patients detect early maternal conditions and prompt treatment. Dr Ho Ngoc Khanh will be a crucial part of FV Obstetrics and Gynaecology Department to help develop the team more and more. We hope Dr Khanh will continue to be trusted and chosen by many patients to take care of their health while they enter their pregnancy or need gynaecological examinations and treatment.



To make an appointment with Dr Ho Ngoc Khanh, Obstetrics & Gynaecology – Breast Care Clinic, **please contact: (028) 5411 3333, ext: 6000**

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In addition to orthodontic and oral care services, FV's Maxillofacial & Dental Department also treats conditions related to teeth-maxillary-facial and plastic surgery such as jaw cutting, chin reduction to create V-line face, etc. The medical staff from surgeons, consultation specialists, technicians to nursing nurses are highly trained and experienced professionals, dedicated to providing the highest level of care for patients. Modern facilities, synchronized with 4 dental examination chairs, using the latest imaging, CT and X-ray scanning techniques, allow doctors to accurately diagnose, thereby providing an effective treatment plan for each individual case.



Maxillofacial & Dental Department (028) 54 11 34 35