

# What's up, Doc?

No. 9 – October / 2022

## French Doctor **GILLES BLACHE**

### *Returns as Head of Obstetrics and Gynaecology & Breast Care Clinic, FV Hospital*



To make an appointment with **Dr Gilles Blache**  
Head of Obstetrics and Gynaecology and the  
Breast Care Clinic, FV Hospital

Please contact:

**(028) 5411 3333 - Ext: 6000**

**I**n October 2022, Dr Gilles Blache officially returned to FV as Head of Obstetrics and Gynaecology and the Breast Care Clinic. He has more than 30 years of experience in Obstetrics and Gynaecology. Previously, Dr Gilles worked at Roanne Hospital, Roanne, France, for 24 years, providing general care and surgical treatment for thousands of women with breast cancer, cervical cancer, subfertility and infertility

At FV, Dr Gilles will lead the Department of Obstetrics and Gynaecology and the Breast Care Clinic, ensuring the Hospital continues to grow stronger in the field of gynaecological cancer treatment and non-invasive prenatal testing (NIPT through tests and ultrasound) as part of its full suite of obstetrics services.

Dr Gilles has conducted extensive research during his career and is committed to exploring scientific advancements in this field. At FV, he will apply advanced laparoscopic

surgery methods among various sophisticated practices and techniques in patient care. He is experienced in breast-conserving surgery, pelvic laparoscopy, pelvic exenteration, and infertility diagnosis and treatment.

Dr Gilles Blache graduated from the University Claude Bernard Lyon 1, France, in 1979, before receiving board certifications in Obstetrics and Medical Gynaecology at two schools: The University Grenoble, France, in 1983, and the Ordre des Medecins, Saint Etienne, France, in 1989. Dr Gilles also accomplished a Master's degree in History Embryology at Rene Descartes University, France, in 1989 followed by a Master's in Anatomy and Organogenesis, University Claude Bernard Lyon 1, France, in 1992. Dr Gilles Blache has also received many Fellowships, including in antenatal diagnosis and ultrasound in gynaecology and obstetrics.

## LE HOANG NGOC TRAM,

### MD, MSc, joins FV Hospital's Psychiatry Unit – Internal Medicine Department

**Dr** Le Hoang Ngoc Tram graduated from the HCMC University of Medicine and Pharmacy in 2017. By 2020, Dr Ngoc Tram had earned a Master's Degree in Internal Medicine and received a Specialist Level I Certification in Psychology from the same school. Dr Ngoc Tram also excelled as a Resident Psychology Doctor of the HCMC University of Medicine and Pharmacy in 2020.

Dr Ngoc Tram has extensive experience in treating psychological conditions, such as anxiety disorders, depression, insomnia, bipolar disorder, post-traumatic stress and obsessive-compulsive disorder. He is also skilled at caring for mental disorders, including those experienced by women suffering during pregnancy or postpartum; schizophrenia; substance-induced psychotic disorder; dementia in the elderly; and anxiety, depression, stress and attention deficit hyperactivity disorder in children and adolescents.

Dr Ngoc Tram is an expert in the application of the transcranial magnetic stimulation (rTMS) technique to treat mental diseases, helping to increase treatment efficiency while reducing the amount of medication required for successful care, ultimately improving the patient's quality of life.

Dr Ngoc Tram worked at City International Hospital (2020-2022) and the Psychiatry Department, Van Hanh General Hospital (2021-2022) before deciding to join the Psychiatry Unit – Internal Medicine Department of FV Hospital as a senior consultant in September 2022.

At FV, in addition to treating patients at Psychiatry Unit – Internal Medicine Department, Dr Ngoc Tram will also coordinate with other specialties to help patients properly understand and receive care for mental and psychological problems without any stigma or feelings of embarrassment.



To book an appointment with  
**Dr Le Hoang Ngoc Tram**  
Psychiatry Unit – Internal Medicine  
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## FV HOSPITAL

# SUCCESSFULLY IMPLANTS THE FIRST WIRELESS ARTIFICIAL CARDIAC PACEMAKER WITH ATRIAL SENSOR IN VIETNAM

*Patient N.V.N. (88 years old, from Dong Nai province) suffered from bradycardia. He often felt lightheaded and had difficulty breathing. He walked unsteadily, and sometimes fainted. Mr N. had multiple follow-up visits with caregivers, and bradycardia was noted in his medical history. He also experienced intermittent bradycardia symptoms. When Mr N.'s condition worsened, his family brought him to FV hospital.*

**Dr** Hoang Quang Minh, Cardiology Senior Consultant, FV Hospital, found that Mr N. was suffering from two heart diseases at the same time: sick sinus syndrome and second-degree atrioventricular block. These conditions caused his heart rate to slow—a situation which can be life-threatening if not treated promptly.

To treat arrhythmias, the patient is usually implanted with a wired pacemaker: a small device, placed under the skin in the upper chest and connected by a small wire to the heart, which regulates the patient's heart rate when necessary. This device can support heart chamber function for 10 years or more. However, due to patient N.V.N.'s advanced age and general health condition—he was fitted with an artificial anus and regularly

scratched any irritation until his skin bled—his family was concerned that he could not keep the area around the wired pacemaker clean, so they asked the doctor if another suitable treatment could be considered.

FV's cardiologists decided to order a wireless pacemaker for Mr N.V.N. This device is one-tenth the size of a wired pacemaker and is implanted directly into the patient's heart chamber without any wires.

The surgery lasted 30 minutes. Mr N. was anaesthetised and the pacemaker implanted into his heart chamber via a catheter from the femoral vein. Mr N. was fully recovered by the following day.

Patients who receive wired pacemakers are advised to avoid exercise and any physical exertion for at least four weeks prior to implantation to reduce the risk of pocket haematoma. Because Mr N. was fitted with a wireless pacemaker, he was able to return immediately to his daily routine—a

major difference between the two devices. During his recent follow-up examination, Mr N. was found to be healthy and his heart rate indicators were good. Mr N. and his family members are very happy with the impressive results of the surgery.

The wireless pacemaker device was introduced in 2016 to help solve the limitations of the previous wired pacemaker, such as high risk of pocket infection and itchy post-surgery scars that elderly or confused patients might scratch uncontrollably, risking skin abrasions and potentially causing the device to protrude and cause infection.

Comparatively, the wireless pacemaker has few complications. This pacemaker does not require that external jugular veins are connected to the subclavian. It minimises risk of infection and has a neat aesthetic. The device's lifecycle extends to more than 10 years.



To make an appointment with  
**Dr Hoang Quang Minh**  
FV's Cardiology Department

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FV HOSPITAL SUCCESSFULLY ORGANISES

# “EMPOWER WOMEN FOR WOMEN”

## AN EVENT FOR FEMALE DOCTORS SPECIALISING ON ONCOLOGY IN HCMC

At noon on October 15, 2022, FV Hospital successfully organised the event “Empower Women for Women” at GEM Centre, No. 8 Nguyen Binh Khiem, Da Kao, District 1, Ho Chi Minh City to provide space for professionals to share their knowledge and experience. Approximately 40 female oncologists working in Ho Chi Minh City participated.

The event aimed to create an opportunity for practicing female oncologists to network and share experiences, including tips for finding a work-life balance and how to create positive impact so that women continue to be empowered in today’s society.

Three experienced experts in the field of cancer treatment spoke during the event:

- Dr Cung Thi Tuyet Anh, Senior Lecturer, University of Medicine and Pharmacy, Ho Chi Minh City;
- Dr Vuong Dinh Thy Hao, Deputy Head of Chemotherapy, Oncology Department, Cho Ray Hospital, HCMC;
- and Dr Basma M'Barek, Head of Hy Vong Cancer Centre, FV Hospital.

All talks were facilitated by Ms Nguyen Thi Le Thu, Director of Marketing & Business Development, FV Hospital. Many conversations were sparked around career and family, and around overcoming emotional difficulties at work.

FV plans to provide more opportunities for our colleagues in the wider medical community to come together to share and connect more deeply in the future.

