

What's up, Doc?

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**HEAD AND NECK CANCER EXPERT
DR DO TUONG HUAN
SPECIALIST LEVEL II, JOINS FV HOSPITAL**



Dr Do Tuong Huan graduated as a General Medical Doctor from HCMC University of Medicine and Pharmacy in 1998, subsequently earning Specialisation Level I and II degrees in Oncology in 2002 and 2010, respectively, at the same school. Dr Do Tuong Huan has also completed multiple advanced training courses, including a certification in sinus endoscopic surgery (2009-2010); a postgraduate course as part of BNP Paribas–NCCS Regional Fellowship Programme, National Cancer Centre of Singapore (2010-2011); ENT Diagnostic Endoscopy (2015-2016); General Endoscopic Surgery (07/2016 - 09/2016); and Endoscopic Thyroidectomy (2016). In addition, Dr Huan regularly published papers on his research. "Cervical lymph nodes metastasis from unknown primary site: epidemiology-diagnosis-treatment" appeared in the Ho Chi Minh City Journal of Medicine, Volume 6, Supplement 4, (2002); "Surgery for early stage nasal skin cancer" was printed in Vietnam Journal of Oncology, Volume 1, (2010); "Pectoralis major myocutaneous flap in head and neck reconstruction" was printed in Vietnam Journal of Oncology, Volume 4 (2013).



To make an appointment with Dr Do Tuong Huan, ENT Department of FV Hospital, please contact: **(028) 54 11 33 33, ext: 7711**

Dr Tuong Huan has more than 20 years of experience in oncology and has performed thousands of successful head, neck and thyroid surgeries. Dr Tuong Huan has extensive expertise in treating both benign tumours and cancers of the head and neck area, including thyroid nodules and thyroid cancers; parotid tumours, parotid gland cancers; benign submandibular gland tumours, submandibular cancers; skin cancer of the head and neck region; branchial cleft cyst; thyroid cyst; soft tissue tumours of the neck; cervical lymph node metastasis; laryngeal cancer; and oral cancers of the lips, tongue and gums. Dr Tuong Huan is committed to helping patients with head and neck cancer start their fight against cancer gently and experience few sequelae following treatment so that they can return to their normal lives as quickly as possible.

Dr Do Tuong Huan formerly held positions at HCMC Oncology Hospital (1999–2017) and Vinmec Central Park International General Hospital (2017–2020). From 2021 until joining FV Hospital, Dr Tuong Huan worked as a surgeon at various private and international clinics and hospitals in Saigon. In October 2022, Huan officially joined the ENT Department of FV Hospital as a Head and Neck Cancer Surgeon.

At FV, Dr Do Tuong Huan will offer international-standard care, always putting the patient first while delivering world-leading quality of service. Dr Tuong Huan will develop the specialty within FV's ecosystem to establish the Hospital as a reliable healthcare centre for both domestic and foreign patients seeking surgery to treat head and neck cancers. This field still poses many challenges for surgeons, both in treating the disease and ensuring aesthetics and functionality after treatment

**DR TRINH NGO BINH
JOINS THE DERMATOLOGY DEPARTMENT
FV SKIN & LASER CLINIC**

Dr Trinh Ngo Binh graduated from the University of Medicine and Pharmacy, Ho Chi Minh City, in 2011, and successfully completed the residency programme in Dermatology, University of Medicine and Pharmacy, Ho Chi Minh City, in 2015. He also completed an internship at the HCMC Hospital of Dermato-Venereology during this time. Dr Trinh Ngo Binh has participated in many fellowships, including: Basic Procedures and Minor Skin Surgery, Laser and Light Applications in Dermatology, Botulinum Toxin Injection Technique in Cosmetology, Mesotherapy.



Dr Binh has a deep passion for skin care and after devoting his career to the field of dermatology, has successfully treated many difficult cases of chronic skin diseases such as acne, atopic dermatitis and melasma; performed innumerable facial rejuvenation procedures; and provided treatment for scarring and allergies. Dr Binh is also an expert in advanced technology applications, such as using laser in the treatment of skin problems and for skin rejuvenation. Dr Binh formerly worked at Vinmec Central Park International Hospital and the Hospital of Dermato-Venereology, Ho Chi Minh City. He has made significant contributions to scientific research published in prestigious medical journals domestically and abroad. Dr Binh also actively participates in conferences and professional fellowships in Vietnam and abroad. He is a member of the Vietnam Dermatology Association and a lecturer in dermatology at Nguyen Tat Thanh University, HCMC.

In September 2022, Dr Trinh Ngo Binh officially joined the Dermatology Department - FV Skin & Laser Clinic to continue his mission to bring patients effective, scientific, and safe dermatological treatments so that they can achieve their desired aesthetic. In addition, Dr Binh will also help to develop the laser skin care and treatment services at FV Lifestyle Centre.



To make an appointment with Dr Trinh Ngo Binh, Dermatology Department FV Skin & Laser Clinic, please contact: **(028) 54 11 33 33, ext 7000**



**PSYCHOLOGIST
BUI THI QUYNH ANH, MSc,
JOINS THE CLINICAL PSYCHOLOGY
DEPARTMENT OF FV HOSPITAL**

Ms Bui Thi Quynh Anh graduated with a Bachelor's degree in Clinical Psychology and a Master's degree in Psychoanalytic clinical psychopathology, majoring in Infanto-juvenile Psychopathology, from the University of Paris 7, Diderot (Paris Cité University), France. As a psychologist, Bui Thi Quynh Anh has extensive expertise and experience in counselling, support, and providing therapeutic intervention in both French and Vietnamese; providing therapeutic intervention services to children and adolescents; and offering family psychological counselling.

In each case, psychologists will use specific appropriate methods in keeping with the age and sensitivity of the individual to help them to express their difficulties. These methods may include personality and intelligence assessment through evaluation or intermediate tools such as painting, clay or modelling games. Before joining the FV team, Ms Quynh Anh held roles at various respected care centres: Department of Child and Adolescent Psychology and Psychiatry, GHU Paris-Sainte-Anne, Paris, France; The Psycho-Medico-Social Centre (CPMS) of Foundation Élan Retrouvé, France (internship); The Montreuil Psychological and Medical Centre, France (internship); Clinical psychologist at Centre Médical International (CMI), HCMC, Vietnam (May 2022 - present); Pedagogical assistant and interpreter at the Faculty of Psychology, HCM University of Social Sciences & Humanities (February 2022 - present) In October 2022, Bui Thi Quynh Anh officially joined the team at FV Hospital's Clinical Psychology Department as a psychologist specialising in consulting and treating children and adolescents for psychological disorders, emotional disorders, learning disorders, behavioural disorders, and anxiety disorders. Now that she has returned to Vietnam to work, Ms Quynh Anh wishes to raise community awareness of common psychological problems in children so that specialists can intervene promptly to help children have a better learning experience and quality of life. In psychology, she said, a customised treatment regime is important as each person is a different case and comes from a unique background. Doctors or psychologists must have the skills to listen and accompany patients on their journey so that they have the opportunity to overcome their current difficulties



To make an appointment with Bui Thi Quynh Anh, MSc, The Clinical Psychology Department, please contact: **(028) 54 11 33 33, ext 1519**

ACC Clinic, A Member Of FV Group, Successfully Organises A Workshop Series Titled

“Special Discussion – The Effectiveness Of Chiropractic Methods, Functional Recovery And Medical Orthopaedics” In Da Nang And Hanoi

Recently, ACC Chiropractic Clinic, a member of FV Group, successfully organised a series of seminars on "The effectiveness of chiropractic, rehabilitation and medical orthopaedics" in Da Nang and Hanoi. Seminars involved special presentations by speakers, Dr Wade Brackenbury, General Manager of ACC, and Dr Aubrey Gail, ACC Clinic.

The first professional discussion around the field of chiropractic care that took place on the afternoon of October 18, 2022, at Da Nang's Lounge Restaurant was well attended by 32 doctors from various hospitals in the city, despite poor weather.

On the afternoon of October 25, 2022, more than 30 doctors

and nurses attended the second seminar on the topic "Chiropractic Therapy in Bone and Joint Care" presented by Dr Aubrey Gail at An Viet General Hospital in Hanoi. Dr Nguyen Thi Hoai An, Director of An Viet General Hospital, and specialists, treating doctors, nurses and representatives of various faculties and departments there also participated.

The third seminar, "The effectiveness of chiropractic rehabilitation and medical orthopaedics," took place on October 28, 2022, at Hall I of Thanh Nhan Hospital, Hanoi. During the programme, which was attended by more than 100 doctors and nurses working under the Hanoi Department of Health, Dr Wade had the opportunity to

share his practical experience of applying chiropractic methods for more than 16 years in Vietnam.

This was an opportunity for ACC speakers to share their professional knowledge and experience about chiropractic methods in the treatment of musculoskeletal diseases. They were also able to answer questions from the audience to help participating doctors gain a deeper understanding of this method so that patients can be treated with better results.

Through the programme, ACC was able to share the latest chiropractic knowledge, helping to improve the expertise of local doctors so that patients will receive better bone and joint care.



CUSTOM ORTHOTICS Solutions for Foot Problems

The feet support the entire body, so problems arising in the feet can effect dysfunction in many other body parts, including the knees, hips, pelvis, neck and spine. Medical grade orthotic insoles were created as a solution to help people with foot problems to feel more comfortable, and to help their body function normally. This medical device designed in the form of insoles placed in everyday shoes not only relieve pain in the feet, but also realign the body's structure.

Medical orthotics are used to treat foot conditions such as plantar fasciitis, Achilles tendonitis and diabetic foot, and also flat feet and other structural disorders. However, orthotics are a special item that require the use of special materials and many manufacturing steps to produce.

Sourcing a pair of medical orthotic insoles requires users to understand their unique needs and find the right reputable supplier. In Vietnam, ACC is a pioneer in this field and has successfully treated thousands of cases related to issues with feet and body structure. Thanks to a comprehensive testing process and modern manufacturing technology, ACC can create a variety of medical orthotic insoles according to lifestyle and needs of each patient.

ACC is also the only clinic that owns modern CAD/ CAM 3D foot measurement technology. Compared with conventional 2D imaging techniques, the 3D CAD/CAM foot gauge can accurately measure the height, thickness and shape of the foot without pain or discomfort. This ensures that the foot is placed in the optimal position so that the orthotic insole will help to distribute the body weight evenly so that patient can keep their balance.



If you have any questions about medical grade orthotic insoles **please contact ACC, FV Group Member:**
99, Nguyen Du, Ben Thanh Ward, District 1; (028) 3939 3930 or +84 946 740 066.



FV CONDUCTS TOTAL-BODY-IRRADIATION (TBI)

To treat a 17-year-old patient with blood cancer

Patient V.M.B. (born in 2005, Go Vap District, Ho Chi Minh City) was diagnosed with blood cancer in March 2019 by a hospital in Ho Chi Minh City presenting with initial symptoms of frequent headaches, stomach pain, fever, and feeling cold. After a while, the pain spread from B's head and abdomen to his joints and became increasingly hard to endure.

B's family transferred him to a leading haematology hospital in the south of Vietnam to begin treatment for blood cancer. B. was cared for by dedicated doctors for one year before being discharged from hospital and returning to school.

After a while, B's headaches and bone pain suddenly returned. The leukaemia had recurred in his central nervous system. The head doctor at the hospital's paediatric department said that B. needed a bone marrow transplant. However, patients with acute lymphoblastic leukaemia require radiation therapy via Total Body Irradiation (TBI) first to ensure the bone marrow transplant is successful.

TBI is a high-tech method of radiation therapy, when the whole body is treated with radiation at a low dose—just enough to destroy bone marrow cells and any remaining cancer cells while limiting damage to other normal tissues so that they can heal naturally.


For the body to accept a bone marrow transplant, the patient's immune cells need to be suppressed. Systemic radiation therapy is more effective than standard, targeted radiation at killing cancer cells in the body and suppressing the immune system to help prevent future bone marrow transplant rejection, and also has fewer side effects.

At the end of March 2022, Dr Basma M'Barek, Head of Hy Vong Cancer Care Centre, FV Hospital, and her team conducted B's whole-body radiation therapy for two hours a day over three days. Previously, the team of doctors and physical engineers at the Hope Centre had taken careful preparation steps, including managing the patient's admission process to minimise his contact with the surrounding environment. This helped to reduce the risk of infection as B's immune system was now weakened. Fortunately, he responded well to the regimen and the cancer cells were wiped out.

On April 11, B. was transferred to the hospital he had previously been treated at to receive a bone marrow transplant, and was discharged on May 30. More than six months later, B's health is stable and tests show that there is no longer any presence of cancer cells in his body.

B's mother says that it was the careful cooperation between FV and the hospital that had treated B. from the beginning that helped him to overcome what is often an incurable disease. "B. having access to whole-body radiotherapy techniques in Vietnam is a great blessing. The cost of treatment for B. here is much lower than going abroad; at the same time, we did feel out of place in a strange environment where we don't speak the language. The affection of the doctors at the two hospitals really warms my heart," shares Ms D.



 To make an appointment with Hy Vong Cancer Care Centre, please call: (028) 54 11 33 33, ext 5000