

What's up, Doc?

No.11 - December/ 2022

DOCTOR **TRAN ANH TAN**

JOINED THE TEAM OF DOCTORS
AT FV LIFESTYLE CLINIC
(COSMETICS & PLASTIC SURGERY)




Dr Tran Anh Tan joined the team of doctors at FV Lifestyle Clinic (Cosmetics & Plastic Surgery) in November 2022. Dr Anh Tan, Specialisation Level I, has 17 years of experience in plastic surgery for the eyes and nose, skin tightening, breast and abdominal shaping, liposuction and scar revisions, particularly in cases of scarring due to burns and accidents. All the treatment is based on anthropometric indicators and ensure medical standards to have the body's golden ratio. Besides, Dr Anh Tan also has many years of professional experience in microsurgery and wound care, such as pressure ulcers and foot wounds caused by diabetes.

Dr Tran Anh Tan graduated from the University of Medicine in Ho Chi Minh City in 2005 and received the Specialisation Level I in Plastic Surgery from Pham Ngoc Thach Medicine University in 2014. Currently, Dr Tan is pursuing his Specialisation Level 2, majoring in Reconstructive Surgery and Aesthetics, also at Pham Ngoc Thach Medical University.

Dr Anh Tan has completed the following domestic fellowships: Reconstructive Burn Surgery, Cho Ray Hospital, 2006; Clinical Training and Microsurgery, Orthopaedics Hospital, 2010; Plastic Surgery and Cosmetics, University of Medicine, Ho Chi Minh City, 2012. Overseas, he has completed fellowships at Korea Cosmetic Medicine Institute, Seoul, 2017, and The East Avenue Medical Center, Philippines, 2018.

Prior to joining the team at FVH, Dr Tan worked at the Burn and Reconstructive Surgery Department, Cho Ray Hospital (2007-2016); American International Hospital (2019); and aesthetics clinics Cat Cat (2016-2018), S-One (2019-2020) and Jacqueline (2022).

At FV Hospital, Dr Tran Anh Tan looks forward to leveraging his skills and experience to advise discerning clients on the latest cosmetic solutions and obtain optimal outcomes with the utmost respect for harmonious aesthetics and natural beauty. In addition, Dr Tan will examine and treat patients with burns, acute wounds and chronic ulcers at FV hospital.

 To make an appointment with Dr Tran Anh Tan SLI, FV Lifestyle Clinic, **please contact: (028) 54 11 33 33, ext 7000**




DOCTOR **PHAM HOANG MANH** JOINS FV HOSPITAL'S PAIN CLINIC

Dr Pham Hoang Manh trained as an anaesthesiologist and after realising that many patients experience a severe degree of pain after surgery, Dr Hoang Manh decided to practice at the Pain Clinic, FV Hospital, where he quickly fell in love with this specialty.

Dr Hoang Manh graduated from Ho Chi Minh City University of Medicine in 2016 and attended many advanced fellowships: Basic Musculoskeletal Ultrasound, Pham Ngoc Thach Medical University (2021); Cancer Pain Relief Treatment by Imaging, Vietnam Military Medical Academy (2021); Local Anaesthesia Under Ultrasound Guidance, Clinique Medipole Garonne, Toulouse, France (2022); Chronic Pain Management, Geneva, Switzerland (2022). Prior to joining FV Hospital, Dr Hoang Manh worked as a senior consultant at the Anaesthesiology Department, Cho Ray Hospital, from 2016.

After practicing at FV, where he got to know Dr Louis Brasseur, Head of the Pain Clinic at FV Hospital - a master in pain treatment with high expertise and experience, Dr Hoang Manh realised that FV has a methodical process and effective pain control equipment and decided to join the FV's Pain Clinic in November 2022.

At FV, Dr Hoang Manh specialises in pain relief for conditions related to the musculoskeletal system, joints, spine, neuropathy and cancer via advanced methods such as subcutaneous injection and nerve destruction targeted by Radiofrequency ablation (RFA). Dr Hoang Manh is dedicated to providing optimal pain control to ensure patients have a better quality of life while reducing the amount of medication needed. Dr Hoang Manh wishes to bring FV patients pain relief methods that are currently applied throughout the world, offering personalised treatment while consulting with everyone in his care to help reduce both their physical pain and psychological discomfort.

 To make an appointment with Dr Pham Hoang Manh Pain Clinic, **please contact: (028) 54 11 33 33, ext 1294**

DOCTOR **PHAM THI THANH GIANG** - SENIOR CONSULTANT, JOINS FV'S PULMONOLOGY UNIT - INTERNAL MEDICINE DEPARTMENT




In 2010, Dr Thanh Giang graduated from Pham Ngoc Thach University of Medicine, and in 2018 earned a master's degree in medicine, specialising in tuberculosis, from the University of Medicine, Ho Chi Minh City.

Dr Pham Thi Thanh Giang specialises in treating asthma, chronic obstructive pulmonary disease and respiratory diseases. Dr Thanh Giang is highly skilled at respiratory function assessment and exploration, especially measurements via spirometry

and bronchography, and testing airway resistance to diagnose, treat and monitor lung diseases.

Dr Thanh Giang has 12 years of experience in treating paediatrics and TB patients, and formerly worked at the Paediatrics Department, Thu Duc Hospital (2011-2012), and was a Senior Consultant, Pulmonology Department, Pham Ngoc Thach Institute Hospital (2014-2021). In October 2022, Dr Thanh Giang decided to join the Senior Consultant team, Pulmonology Unit - Internal Medicine Department, FV Hospital.

 To make an appointment with Dr Pham Thi Thanh Giang Pulmonology Unit - Internal Medicine Department **please contact: (028) 54 11 33 33, ext 1541**

Medical Conference

CLINICAL APPLICATION OF rTMS

- REPEATED TRANSCRANIAL MAGNETIC STIMULATION TECHNIQUE

Shares Extensive Practical Knowledge With The Medical Community

The medical conference "Clinical Application of Repeated Transcranial Magnetic Stimulation Technique (rTMS) at FV Hospital" took place at FV's Auditorium during the afternoon of November 23, 2022. Transcranial Magnetic Stimulation (rTMS) is a relatively new technique in Vietnam and the workshop was attended by a large number of doctors, physiotherapy technicians and nurses from FV Hospital and other hospitals in HCMC and neighbouring provinces. In addition to being held in person at FV, the programme was also live-streamed online so that medical professionals located anywhere in Vietnam could listen to each presentation.

At the opening of the seminar, Dr Henri Maries, Deputy Medical Director of FV Hospital, thanked the Pain Clinic for initiating a conference in this academic space as well as his colleagues for taking the time to attend the conference.

Following the programme, Dr Louis Brasseur, Head of FV Hospital's Pain Clinic, gave an overview of rTMS which is useful for diagnosing and preventing nerve damage, and can also help to treat damaged nerves. TMS uses a magnetic field to create mechanical effects on the cerebral cortex, creating electrical and chemical changes at the synapses and helping to treat neurological diseases such as depression, pain treatment, and post-stroke damage.

Pain Management Specialist Dr Nguyen Nam Binh (Specialist Level I, FV Hospital) presented the practical application of rTMS to patients at FV Pain Clinic; and Le Hoang Ngoc Tram, MD, MSc, an Internal Medicine Specialist Level I who works at FV's Psychiatry Unit, presented on the application of rTMS in the treatment of neuropsychiatric diseases and depression. FV Hospital has routinely applied rTMS to relieve pain and treat neuropsychiatric diseases for several years to improve quality of life for patients

In his presentation to conclude the seminar, Claus Mathiesen, MD, PhD, shared the role of Repetitive Peripheral Magnetic Stimulation (rPMS) and rTMS in Rehabilitation.

It is expected that, in the near future, in parallel with developing the application of rTMS and rPMS with regard to new treatment regimens, the Pain Clinic will continue to host more seminars to share the team's new knowledge in pain management.



FV DOCTORS SAVE AN 82-YEAR-OLD PATIENT AFTER A STROKE AND COMPLICATION OF CORONARY ARTERY DISEASE

FV Hospital received an 82-year-old patient named Mr V.V. Nhi, a Dong Nai resident, in a state of semi-consciousness, experiencing convulsions, and unable to speak.

Mr Nhi was taken to an emergency room in Dong Nai by his family after he collapsed, but when his condition worsened within a day of being admitted, his family was so worried that they decided to transfer him to FV Hospital. FV doctors determined that Mr Nhi had suffered an acute stroke, but the "golden time" for emergency intervention—six hours after the incident occurred—had passed.

Cardiology doctor Hoang Quang Minh, Mr Nhi's primary physician, held interdisciplinary consultations with neuroendocrine doctors, including Mahen Nadarajah, MD, PhD, one of the world's leading experts in the treatment of stroke and cerebrovascular diseases. Doctors concluded that Mr Nhi's condition did not require cerebral vascular intervention, but neuro-medical treatment.

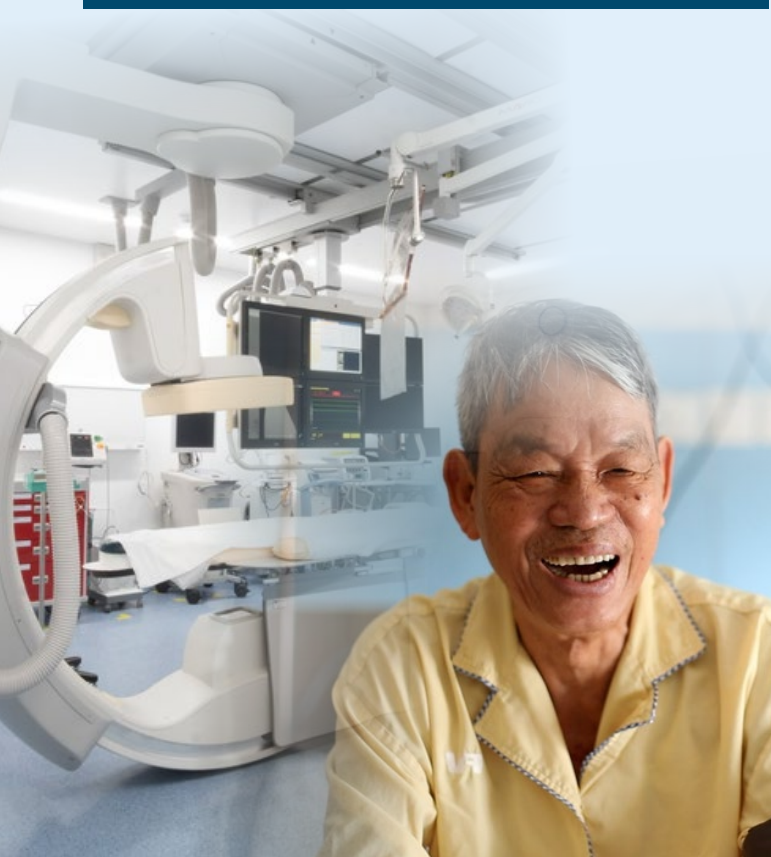
After three days, Mr Nhi was out of danger, had no convulsions and was able to talk. However, the patient presented with chest tightness and pain. Analysing previous treatment for high blood pressure, diabetes and dyslipidemia, FV doctors learned that the patient had taken aspirin, an over-the-counter nonsteroidal anti-inflammatory drug and blood thinner that can treat pain, fever, headache, and inflammation in addition to preventing stroke, but the stroke had still occurred.

Suspecting that the blood clot that caused the stroke could be from the heart, the doctors decided to examine Mr Nhi's heart closely. Mr Nhi underwent a 72-hour electrocardiogram and echocardiography but no abnormalities were noted

Mr Nhi then underwent a cardiac CT scan to evaluate the cardiac vasculature and see if there was a thrombus in the vascular system between the heart and brain. The results showed that he had coronary artery stenosis. Mr Nhi was assigned coronary intervention, to treat unstable angina. After performing the procedure for Mr Nhi, Ho Minh Tuan, MD, MSc, Head of the Cardiology Department of FV Hospital, said: "The stent placement helps to reduce the risk of myocardial infarction, heart failure and limit the likelihood of another stroke."

Besides, Dr Minh Tuan said, this is a relatively complicated case, because the patient's artery is narrow in the left common trunk position and branching of the vessel. In addition, Mr Nhi's case is also special, when the rate of people with stroke and a complication of coronary artery disease like him only accounts for about 10% of stroke hospitalisations at FV.

FV Hospital is multi-specialty hospital comprised of modern, fully equipment departments, including a Cardiovascular Catheterisation laboratory (Cathlab) where diagnostic surveys can be performed and cardiovascular and vascular diseases treated within minutes of a patient being admitted.



FV HOSTS THE CONFERENCE

STATE-OF-THE-ART TECHNIQUES IN CARDIOVASCULAR CARE

where leading domestic and overseas experts
shared the latest medical progress

On November 26, 2022, FV Hospital in collaboration with Bach Mai Hospital held an annual Cardiology Conference titled “State-of-the-art techniques in cardiovascular care” to share new advances in the treatment of cardiovascular diseases with the medical community. This conference furthered opportunities to improve the quality of treatment for patients in Vietnam.

The conference was attended by many leading experts in cardiology, both from within Vietnam and abroad. Prestigious speakers included:

- **Prof. Dang Van Phuoc, MD, PhD**
President of the Vietnam Heart Association;
- **Assoc. Prof. Pham Nguyen Vinh MD, PhD**
Vice President of the Vietnam Heart Association;
- **Nguyen Thi Thu Hoai, MD, PhD**
Deputy Director of Cardiology Institute, Bach Mai Hospital;
- **Do Nguyen Tin, MD, PhD**
Head of the Interventional Cardiology Unit, Children’s Hospital 1;
- **Prof. Damras Tresukosol MD, PhD**
Head of Cardiology, Bangkok Hospital, Thailand;
- **Anuj Kapadiya, MD, PhD**
Cathlab Director, AIG Hospital, India;
- **Ho Minh Tuan, MD, MSc**
Head of Cardiology Department of FV Hospital;
- **Dr Trinh Van Hai**
Head of Accident & Emergency, FV Hospital.

The conference attracted more than 200 doctors across many specialties, including those practicing in cardiology, internal medicine, emergency care, and resident doctors in Ho Chi Minh City and neighbouring provinces. Participating doctors received certificates of Continuing Medical Education (CME) issued by Bach Mai Hospital once the conference had concluded.

Scientific reports at the conference focused on two main elements: coronary artery diseases and heart failure, and general cardiology and heart structure diseases.

For the first, speakers provided updated knowledge in medical diagnosis and treatment through the following talks:

- Advances in heart failure treatment presented by Dr Dang Van Phuoc,
- Intervention of the left coronary artery presented by Dr Ho Minh Tuan,
- Optimising treatment effectiveness via imaging in coronary intervention presented by Dr Damras Tresukosol,
- and Effective handling of coronary emergencies presented by Dr Trinh Van Hai.

During the section on general cardiology and structural heart diseases, speakers introduced many new applications:

- Interventional techniques for congenital heart disease treatment in adults, presented by Dr Do Nguyen Tin,
- Ultrasound for congenital heart disease in adults, presented by Dr Nguyen Thi Thu Hoai,
- Percutaneous aortic valve replacement technique, presented by Dr Anuj Kapadiya,
- Cardiovascular disease and cancer: Updates according to ESC recommendations in 2022, presented by Dr Pham Nguyen Vinh.

The conference has brought a lot of new useful knowledge to cardiologists. It is hoped that this Conference will lay the foundation for the creation of an annual event for cardiologists to have the opportunity to exchange knowledge, with the ultimate goal of benefiting patients: increasing the possibility of saving lives, through help patients live longer with improved life quality.

