

# What's up, Doc?

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French Expert

## BERNARD COLIN, MD, PHD

TREATS EAR PROBLEMS AT FV HOSPITAL'S  
Otorhinolaryngology Department (ORL Or ENT)

10/04 - 22/04/2023



From 10th to 22th April, 2023, Bernard Colin, MD, PhD, will provide consultations and surgeries to treat deafness, perforated eardrum, otosclerosis and chronic otitis at FV's Otorhinolaryngology (ORL) Department, also known as the Ear-Nose-Throat (ENT) Department.

Dr Bernard has 35 years of experience in this field and was formerly head of the Otorhinolaryngology Department at St. Luc Hospital, Lyon, France. His areas of expertise include surgical treatment for deafness, chronic otitis, punctured eardrums and otosclerosis, and reconstruction of the ossicular chain.

Otosclerosis, which is a genetic ear problem, can also be successfully treated with surgery. The most effective treatment is to perform surgery to replace the stapes. This is a technique that Dr Bernard has performed with huge success: all his patients have regained the ability to hear.

Otosclerosis is caused by stiffness of the ossicular chain, mainly in the stapes, and progresses very slowly. Common symptoms include tinnitus and hearing loss which begins in one ear and gradually spreads to both ears, eventually leading to hearing loss and even deafness. If the problem is detected early and treated quickly, around 90 per cent of cases will experience an improvement in their hearing.

 To make an appointment with Dr Bernard Colin, the Otorhinolaryngology (ORL or ENT) Department, **please contact: (028) 5411 3333 - Ext 7711**



## 'HAND SURGERY MAGICIAN' STÉPHANE GUERO


transforming hands, transforming futures

18/04 - 26/04/2023

Dr Stéphane Guero will return to Vietnam to offer clinic hours and surgeries to correct hand deformities at FV Hospital from 18th to 26th April 2023.

With more than 30 years of hand surgery experience, especially in treating paediatric cases, Dr Stéphane Guero is known as the 'hand surgery magician' for his skill at correcting hand deformities, such as finger reconstruction to restore grasp function, finger separation, trigger finger surgery, brachial plexus surgery, and bone grafting for congenital finger amputations. Dr Guero has helped thousands of adult and paediatric patients to approach life with more confidence as they look forward to a bright future.

Dr Guero is a founding member of the Hand Surgery Institute of France and a member of the European Society of Clinical Anatomy. In many cases of complicated deformities, Dr Guero uses the SONOPET Ultrasonic Aspirator—a special scalpel system that allows the doctor to neatly remove tumours, cut and stop bleeding at the same time, and remove diseased tissue without invading the surrounding healthy cells. By avoiding damage to important components such as blood vessels and nerves and reducing the risk of bleeding and complications after surgery, this technique can shorten recovery time.

 To make an appointment with Dr Stéphane Guero, Bone & Joint Centre **please contact: (028) 5411 3333 - Ext 1227**

# FV DOCTORS SAVE A FOREIGN TRAVELLER

Mr Warren Bailey (72 years old, Canadian) was found in a coma by hotel staff shortly before he was to return home. Mr Bailey was immediately taken to FV Hospital's Accident and Emergency (A&E) Department where doctors immediately determined that Mr Bailey had suffered a stroke.

After treating the patient, Dr Nguyen Manh Hung, Head of FV's Neurosurgery and Endovascular Neurosurgery Department, said Mr Bailey had been admitted to the hospital in a coma and was hemiplegic. CT scan results showed heavy bleeding and a haematoma on the right side of the patient's brain which was causing heavy pressure on its right hemisphere. "The haematoma demonstrates that the patient has previously experienced trauma. A recent concussion resulted in bleeding, agglomeration and compression of the brain," said Dr Hung.

Because the patient's life was in danger and there was no opportunity to contact his relatives, Dr Hung decided to sign a patient consent form for the surgery. Dr Hung and his team immediately performed a craniotomy to remove all clotted blood from the patient's brain. Over 30 minutes, surgeons removed a three-centimetre-thick haematoma before Mr Bailey was medically sedated so that he would remain sleep for 48 hours to allow his body to recover.

After two days, Mr Bailey awakened and the surgical team was very excited to see

AFTER  
**HE FALLS INTO  
A COMA AT HIS HOTEL**



that he was alert, engaged and had full recall, and was able to share his medical history in great detail.

Mr Bailey is an electrical engineer who had travelled to Vietnam on holiday. He had experienced a fall in the past and hit his head quite hard, but thought no damage had occurred.

When Dr Nguyen Manh Hung was asked about his decision to sign the letter of permission in this urgent situation to save the life of his patient, he said: "When I decided to take responsibility for the life-saving

surgery, I had full confidence in myself and the FV medical team. If I work in fear of possible legal complications, I would not be able to fulfil my obligations as a doctor in accordance with medical ethics."

In addition to treating patients, Ms Nguyen Thi Ly, FV Hospital's Medical Office Manager, quickly composed letters to the Department of Foreign Affairs and Consulate of Canada so that Mr Bailey's family could be contacted. The following day, his wife contacted the hospital and boarded a flight to Vietnam to take care of her husband.



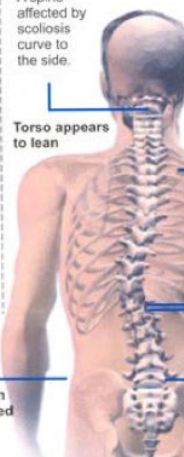
To book an appointment with Dr Nguyen Manh Hung, the Neurosurgery and Endovascular Neurosurgery Department, FV Hospital, **please contact: (028) 5411 3333 - ext 1519**



**HEALTHY SPINE**  
A healthy spine is straight



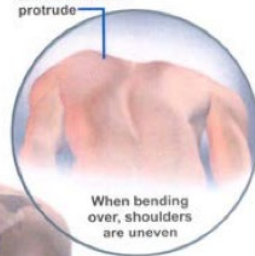
**SYMPTOMS OF SCOLIOSIS**  
A spine affected by scoliosis curve to the side.



Waist may appear uneven or hips elevated

Torso appears to lean

One or both shoulder blades protrude



When bending over, shoulders are uneven

Misshaped rib cage

A curvature may be seen in the mid back (thorax) ...

... Or it may be seen in the lower back (lumbar).

## EARLY DETECTION & INTERVENTION OF

# SCOLIOSIS AT ACC

Scoliosis is a common musculoskeletal condition that occurs in about 3-5% of people and most commonly develops between the ages of 10-20 years old. Females are generally more affected than males at a ratio of about 4:1.

There are two types of scoliosis; structural (idiopathic, neuromuscular, and congenital) or functional (caused by a pelvic obliquity, leg length discrepancy, muscle spasm, and postural imbalances). Early detection methods are noninvasive and have a high sensitivity and specificity in detecting scoliosis. The Adam's Forward Flexion test is the most commonly used and can predict a scoliosis 85% of the time in children.

There are common signs and symptoms or asymmetries seen in scoliosis such as: Uneven shoulder heights, protruding scapula, the head is not centered directly above the pelvis, hip height discrepancy, rib prominence and the body leaning toward one side. Once the visual and gait analysis has been completed, a full body radiograph should be obtained in order to assess the functional and structural leg lengths. This will help in determining if the scoliosis is structural or functional in nature.

Mild scoliosis is generally treated with spinal adjustments and rehabilitative exercises including spinal traction using the Pneumex Scoliosis protocols. Moderate scoliosis generally requires more intensive treatment. This will include spinal adjustments and rehabilitative exercises with pneumex spinal traction as well. Moderate scoliosis generally will require a spinal orthopedic brace to be worn outside of the clinic. Bracing has been shown to be one of the most effective methods in treating scoliosis. Severe cases of scoliosis may also warrant a consultation with a spinal orthopedic surgeon and surgical correction may be necessary.

Chiropractic could be considered one of the optimal methods. The doctor of chiropractic is trained to correct the misaligned vertebrae, bringing them back to their normal position, thereby helping to restore the natural curvature of the spine. The combined therapy ACC includes chiropractic adjustment and rehabilitation could be very effective in treating mild and moderate scoliosis without drugs or surgeries, and is trusted by many patients in ACC.

According to Dr Luke Hamman – Doctor of Chiropractic at ACC – a member of FV group, scoliosis can worsen very quickly, sometimes increasing at a rate of up to three to four degrees per month. Children should be screened at least once per year to prevent a delay in diagnosis. The early detection and intervention of scoliosis is associated with positive outcomes and decreases the need for invasive surgery. Early detection could lead to more positive treatment. On the other hand, treatment outcomes decrease when scoliosis is detected later in skeletal maturity.

To make an appointment with ACC doctors, please contact:

ACC 99 Nguyen Du, District 1, HCMC: **(028) 3939 3930**

ACC 1F, Tan Da Court, 86 Tan Da, District 5, HCMC **(028) 3838 3900**

ACC Hanoi, 44 Nguyen Du, Hai Ba Trung District, Hanoi, **(024) 3265 6888**

ACC Danang, 112 – 116, September 2nd, Hai Chau District, **(0236) 3878 880**