

What's up, Doc?

No.6 - July/ 2023

Doctor
DANIEL BIALEOKO
**A PLASTIC SURGERY & COSMETOLOGY
EXPERT FROM FRANCE**

Joins FV Hospital As Head Of Plastic Surgery & Cosmetics (FV Lifestyle Clinic)



Doctor Daniel Bialeoko graduated in Forensic Medicine from the University of Medicine, Paris, France, in 1976 and General Surgery the University of Medicine in Marseille, France in 1986. He subsequently attended fellowships and board certification trainings in various areas, including Forensic Medicine in 1982; Micro Surgery in 1983; General Surgery in 1986; Plastic, Aesthetic and Reconstructive Surgery, 1990-2002. Dr Bialeoko has applied Canfield 3D Imaging, a technology from the US, in plastic surgery cases since 2010 to help patients visualise their appearance before and after their procedure.

Dr Daniel Bialeoko is a plastic surgery specialist with 37 years of experience and who values natural beauty as his guiding philosophy. His career goal has always been to achieve results that are natural and harmonious with the body.

After many years working in France, Dr Bialeoko officially joined FV Hospital in Vietnam in July 2023 as Head of the Plastic Surgery & Cosmetics Department (FV Lifestyle Clinic). He offers a wide range of surgical solutions, including rhinoplasty, adjustments to protruding ears, face lifts and eyelid reshaping. He is skilled in breast reductions, including mastopexy, and breast implants, breast augmentation via lipo-modelling, breast implant placement, abdominoplasty, cruroplasty and brachioplasty.

Dr Bialeoko has extensive experience in surgeries related to the genitals, including labiaplasty and penoplasty, liposuction, lipostructure, and reconstruction after trauma or cancer recovery. Dr Daniel Bialeoko also performs non-surgical cosmetic procedures, including Botox and Hyaluronic Acid filler injections, collagen induction, thread-lifts, skin rejuvenation, and platelet-rich plasma (PRP) to treat hair loss.

Known for his dedication and attention to detail, Dr Daniel Bialeoko is an attentive listener and offers meticulous advice in every case, treating patients like friends. After a thorough examination, he offers solutions tailored to each patient's needs, ensuring optimal aesthetic results that align with the principles of natural beauty. He exercises the art of plastic surgery with "the French touch", it means with the respect of natural beauty.

Prior to joining FV Hospital, Dr Bialeoko worked at various private clinics and hospitals in France, including Cannes, Alpes Maritimes (1986-1992), Fréjus - Saint-Raphael, Var (1987-1992), Tarbes private clinic, Hautes Pyrénées (1992-1996), Hospital of Lourdes, Hautes Pyrénées (2008-2012), private clinic, Pau, Pyrénées-Atlantiques (1996 - 2023), and Pau Pyrénées Hospital, Pau (2003 - 2023).



To book an appointment with Dr Daniel Bialeoko, Plastic Surgery & Cosmetics Department (FV Lifestyle Clinic), **please contact: (028) 54 11 33 33, ext. 1552, 7000**



**FV IS THE FIRST HOSPITAL
IN VIETNAM TO DEPLOY**

THE **QRS®- PELVICENTER** SYSTEM

**TO SUPPORT THE TREATMENT
OF PELVIC FLOOR DISORDERS**



In July 2023, FV Hospital implemented the QRS®-Pelvicenter system to support the treatment of common pelvic floor disorders such as urinary incontinence, sexual dysfunction, foecal incontinence, erectile dysfunction, and back pain. Experts from the Obstetrics & Gynaecology–Breast Care Clinic, Urology & Andrology, and Physiotherapy & Rehabilitation departments collaborate to provide comprehensive pelvic care services.

This advanced medical device utilises magnetic stimulation and is widely used in the United States and Europe to treat pelvic floor disorders non-invasively. FV Hospital is first pioneering facility to introduce QRS®-Pelvicenter in Vietnam.

The QRS®-Pelvicenter features a chair-like structure fitted with a powerful, deeply penetrating magnetic field system which stimulates the nerves surrounding the pelvic area and trains related muscles.

By adjusting the peripheral nerve activity, the QRS®-Pelvicenter system can reduce pain symptoms, promote nerve healing, and enhance motor function.

When patients visit FV Hospital for treatment of pelvic floor disorders, doctors provide individualised treatment plans based on the type and severity of the condition. Depending on the level of the disorder and the patient's ability to respond, patients may be prescribed to use QRS®-Pelvicenter for a specific duration of time, possibly combined with other methods such as internal medicine and physical therapy. "Each condition requires a specific pelvic floor training programme, consisting of several sessions, each lasting around 20 minutes, spaced two to three weeks apart. QRS®-Pelvicenter is a new, advanced method for treating pelvic floor dysfunctions. Its outstanding advantage is that it is non-invasive, medication-free, has no side effects, and is highly effective. Patients can comfortably sit on the chair during treatment without experiencing any pain or discomfort," shares Dr Vo Trieu Dat, Obstetrics & Gynaecology–Breast Care Clinic department, FV Hospital.

DISCOUNT OF

20%

From now to 31st August, 2023

PROGRAM DETAILS

1 session for
1.760.000 VND
(Original price 2.200.000 VND)

8 sessions for
12.000.000 VND
(Original price 15.000.000 VND)

16 sessions for
20.000.000 VND
(Original price 25.000.000 VND)



Please contact Obstetrics & Gynaecology Department – Breast Care Clinic : **(028) 54 11 33 33 - EXT 6000**



**Joint Commission International
Gold Seal of Approval®**

FV HOSPITAL

6 Nguyen Luong Bang St., Phu My Hung, Dist.7, HCMC
Tel: (028) 54 11 33 33
Accident & Emergency: (028) 54 11 35 00

FV SAI GON CLINIC

3rd floor Bitexco Financial Tower, 2 Hai Trieu St.,
Ben Nghe Ward, Dist.1, HCMC
Tel: (028) 62 90 61 67 - Fax: (028) 62 90 61 68
Email: saigonclinic@fvhospital.com

FV IS THE FIRST IN VIETNAM TO USE

The Q-SENSE^{New}

To Diagnose Pain Caused By Small Fibre Neuropathy

The Pain Clinic at FV Hospital is one of the first units in Vietnam to implement the Q-sense thermal threshold device, a new-generation Quantitative Sensory Testing (QST) tool for diagnosing pain caused by small fibre neuropathy. This is a significant advancement in the field of pain management, opening up more opportunities for accurate diagnosis and personalised pain treatment protocols for Vietnamese patients.

In cases of pain related to small fibre neuropathy, clinical assessment is challenging, making it difficult for doctors to provide accurate diagnoses. More accurate diagnostic methods such as skin biopsy or nerve biopsy can be invasive, painful, and have limitations.

The Q-sense thermal threshold device is an important tool used in the diagnosis of small fibre neuropathy according to reputable international practice guidelines.

The device consists of a probe attached to the specific area being evaluated on the patient's body. The probe can increase or decrease temperature, creating sensations of warmth and coldness as required during examination by the doctor.

The measured parameters are transferred to a computer for analysis by a programme which leverages a large amount of standardised data collected from major studies worldwide over many years. It also utilises standardised protocols that allow for comparing patients' results with individuals of the same age/gender at each specific body location. This helps provide detailed information to assess nerve damage and changes in nerve function, aiding in diagnosis and selection of appropriate treatment methods.



Dr Nguyen Nam Binh, Specialist Level I, Pain Clinic, FV Hospital, states that the application of the advanced Q-sense device at FV Hospital will bring many benefits in the diagnosis and treatment of pain for patients.

Q-sense gives doctors the ability to monitor the patient's progress during the treatment process. By regularly measuring sensory parameters, small changes in nerve function can be detected early and the effectiveness of the therapy being implemented can be evaluated. This helps doctors to personalise optimal pain management protocols and tailor the treatment of other neuropathic conditions related to small fibre neuropathy for each patient.

The Pain Clinic is committed to developing advanced and scientific treatment methods, including using the Q-sense device in patient assessment. In addition, leveraging the multidisciplinary advantages of FV Hospital, the Clinic also receives prompt and accurate support from experts in related fields such as neurology, endocrinology, oncology, cardiology. This combination creates a comprehensive, multi-target treatment approach, ensuring that each patient receives the most effective treatment for a better quality of life.



To book an appointment with Pain Clinic, please contact: (028) 54 11 33 33, ext. 1294



SUCCESSFUL TREATMENT OF HYPERTROPHIC CARDIOMYOPATHY WITH BIOLOGIC ALCOHOL ABLATION



Mrs Ngo Thi Kim (72 years old, from Binh Phuoc province) had experienced bouts of chest pain and difficulty breathing since 2018. She sought medical attention and was prescribed medication, but recently her shortness of breath and chest discomfort worsened, causing her extreme fatigue. Doctors who examined her at several hospitals in Ho Chi Minh City stated that her case was challenging. Considering Mrs Kim's deteriorating condition, they recommended she transfer to FV Hospital, which specialises in cardiology and is equipped with state-of-the-art facilities to perform advanced cardiac interventions.

When Ho Minh Tuan, MD, MSc., Head of the Cardiology Department at FV Hospital, examined Mrs Kim he confirmed that she was suffering from severe obstructive hypertrophic cardiomyopathy with a blockage of up to 80 mmHg—a condition which made it difficult for her to breathe and was causing her heart to fail. Mrs Kim was also classified as severely obese (with a BMI of 35) and had high blood pressure. If left untreated, her condition could worsen, leading to pulmonary oedema and cardiac arrest.

Mrs Kim received a local anaesthetic and her doctor threaded a catheter through the blood vessels her arm and thigh. One route was used to place a temporary pacemaker, which would be removed after the procedure. The remaining route was used to introduce a special balloon device into the heart chamber. Once the blockage location was identified, the doctor injected biological alcohol, making the heart wall thinner and reducing the obstruction. As a result, the blood could flow freely and nourish the body without blockage, effectively improving the condition of heart failure. This procedure only took one hour.

Two days after the intervention, Mrs Kim says that she had completely recovered and could eat, talk normally without feeling tired as before.



To book an appointment with Cardiology Department, please contact: (028) 54 11 33 33, ext. 1165 or 1216

FV COLLABORATES WITH SIX SPECIALTY DEPARTMENTS

To Save The Life Of A Filipino Seafarer

WITH A FRACTURED SKULL AND SEVERE DAMAGE TO THE FACE



Mr Abapo was given first aid at Vung Tau Hospital and was immediately transferred to FV Hospital the same day. FV Hospital's Accident & Emergency Department promptly conducted diagnostic tests to assess the degree of his trauma and discovered that he had multiple head injuries combined with intracranial bleeding, brain compression, bruised and protruding eyes, and a fractured jaw.

A multidisciplinary consultation quickly took place among doctors from Accident & Emergency, Neurosurgery & Endovascular Neurosurgery, Oral & Maxillofacial Surgery-Dental Surgery, Ophthalmology & Refractive Surgery, and Anaesthesiology & ICU departments. Doctors concluded that the patient's condition was extremely critical, and he needed an urgent brain surgery to save his life while other injuries could be addressed later.

It was estimated that 13 hours had passed since the accident occurred, therefore every precious second must be utilised to save Mr Abapo's life. FV's Anaesthesiology & ICU swiftly developed a detailed plan for the emergency surgery and challenging case for anaesthesiologists. The process of anaesthesia and critical care proceeded smoothly. During the three-hour surgery, Dr Hung and the team successfully removed the entire blood clot that was compressing Mr Abapo's brain, performed haemostasias for the torn meningeal artery due to skull fracture, and controlled bleeding beneath the dura mater. Surgeons then realigned all fractured skull bones to restore the patient's complete cranial structure.

The next day, Mr Abapo regained consciousness and no longer required ventilator support. At this point, specialists from the Oral & Maxillofacial Surgery-Dental Surgery and Ophthalmology & Refractive Surgery departments were invited to discuss the treatment plan for his fractured jaw and orbital area.

While working on a cargo ship from China to Singapore, Mr Jerry Laride Abapo, a 38-year-old Filipino seafarer, unfortunately had an accident: a mooring rope struck his head, causing severe injuries to his skull and fracturing one side of his face



3D Cone Beam CT images obtained from the Planmeca Vico G7 machine provided a clear and detailed visualisation of Mr Abapo's craniofacial bone structures, revealing the extent of fractures. FV's Ophthalmology team assessed that despite severe orbital injuries resulting in eyelid ptosis and diplopia (double vision), the patient's vision was otherwise normal. Dr Vo Le Khanh Hung, Specialist Level I, Ophthalmology & Refractive Surgery, stated that this issue could be restored over time.

Two weeks after the initial surgery, Mr Abapo underwent a reconstructive surgery to restore his orbital floor and realign the fractured bones by Nguyen Thanh Tung, MD, PhD, Head of Oral & Maxillofacial Surgery-Dental Surgery department at FV Hospital. The surgery to stabilise Mr Abapo took six hours. After the maxillofacial surgery, Mr Abapo continued to be monitored in the Intensive Care Unit (ICU) for treatment of postoperative pneumonia, respiratory failure, balancing cardiac disorders, electrolyte imbalances, nutritional support, and prevention of pressure ulcers due to prolonged bed rest. Additionally, the Physiotherapy & Rehabilitation Department instructed the patient on some exercises to promote jaw movement and eye mobility.

After one month of treatment at FV Hospital, Mr Abapo has made remarkable progress and is ready for discharge. He'll return to FV for follow-up examination in six months' time. Commenting on the success of the treatment for the Filipino seafarer, Dr Tung remarked, "Thanks to the timely and coordinated collaboration of six specialised departments, we achieved positive treatment outcomes for the patient. Additionally, the support of modern equipment and machinery helped FV doctors to accurately assess the patient's condition, enabling us to make timely, effective treatment decisions."



To book an appointment with FV Hospital, **please contact:**

- Oral & Maxillofacial Surgery - Dental Surgery Department: **(028) 54 11 33 33, ext. 3345**

- Accident & Emergency Department: **(028) 54 11 35 00**