

What's up, Doc?

No.11 - December/ 2023



ANNOUNCEMENT OF THE MEDICAL ADVISORY BOARD

For the new term (2023 - 2025)



Chairperson
Dr Basma M'Barek
Head of the Hy Vong Cancer Care Centre



Vice Chairperson
Dr Trinh Van Hai
Head of the Accident & Emergency Department

Commencing the new term of 2023-2025, the Medical Advisory Board (MAB) at FV Hospital officially announced 15 new members through voting conducted in November 2023.

The Medical Advisory Board was established to ensure and maintain the highest quality in executing technical procedures, patient care, and ethical compliance at FV Hospital. Additionally, board members serve as advisors to shape higher standards in patient care for the Hospital's BOD.

During the inaugural meeting on December 5, 2023, all participating members unanimously voted for Dr Basma M'Barek, Head of the Hy Vong Cancer Care Centre, as the new Chairperson of the MAB. Dr Basma, securing 48 per cent of the votes within the MAB, received the highest confidence, showcasing her influence and credibility among clinical teams for innovation and ensuring treatment quality at FV. As MAB Chairperson, Dr Basma is anticipated to bring innovation and enhance patient care quality.

The position of Vice Chairperson was conferred upon Dr Trinh Van Hai, Head of the Accident & Emergency Department. Dr Hai, a former MAB Chairperson, shared the challenges faced during the COVID-19 pandemic and emphasised urgent issues requiring resolution.

The Medical Advisory Board plans to convene monthly, providing an essential platform for physicians to discuss medical and healthcare administrative matters. Dr Do Trong Khanh, Medical Director, affirmed that MAB doctors, representing the clinical team, offer influential opinions to the Management Board. They propose unified development strategies for the hospital, drive discussions towards professional development, and even advocate positive changes within their respective departments.

Moreover, the Medical Advisory Board contributes to decisions regarding recruitment, appointment, and policies for healthcare personnel. This involvement allows physicians a channel to contribute to building a robust medical workforce and refining manpower allocation in necessary specialties.

Doctors are passionate about the art of medicine and are committed to delivering the best patient care. This dedication is a primary reason why the Medical Advisory Board (MAB) exists — to engage in dialogues, seek, and effect positive changes in the healthcare system at FV Hospital.

Luong Ngoc Trung, MD, MSc, Assumes The Position Of HEAD OF THORACIC, VASCULAR & ENDOVASCULAR SURGERY DEPARTMENT

Luong Ngoc Trung, MD, MSc, officially took on a new position as Head of Thoracic, Vascular and Endovascular Surgery in November 2023. After six years of devoted efforts at FV, this marks a significant step in Dr Trung's career, as well as vital preparation for the development of the Thoracic, Vascular & Endovascular Surgery specialties at FV.

Dr Trung, a graduate of Hue University of Medicine and Pharmacy in 2001, delved into the field of vascular and thoracic surgery by becoming a resident doctor and earning his medical master's degree in this specialisation in 2005 at the same unit.

With an unwavering passion, Dr Trung continued his professional advancement in cardiac surgery, thoracoscopic surgery, interventional radiology, etc., at major domestic and international universities such as Paul-Sabatier University of Medicine (France, 2006), Prince of Songkla University of Medicine (Thailand, 2013), and University of Medicine and Pharmacy in Ho Chi Minh City (2014).

Dr Trung has an extensive working background in vascular and thoracic surgery at several prestigious institutions such as Hue University Hospital of Medicine and Pharmacy, Hue Central Hospital, Pierre and Marie Curie University of Medicine, Paul-Sabatier University of Medicine, Pitie-Salpetriere Hospital, Tam Duc Heart Hospital, and FV Hospital, where he joined the team in 2017.

From enhancing professional skills to experiencing diverse work environments in prominent hospitals, Dr Trung has achieved many successes and made a distinctive mark in the field of thoracic surgery and interventional radiology. Dedication, patience, and professionalism are Dr Trung's standout characteristics, enabling him to accompany patients in seeking solutions for particularly complex health issues within this specialty.

Moreover, Dr Luong Ngoc Trung is recognised for his dedicated support for underprivileged children in need of treatment through the Children of Vietnam Charitable Fund. For many years, he has been an active surgical contributor to the successful treatment of numerous young patients suffering from vascular malformations, tumours, and chest deformities. In the future, Dr Trung hopes to develop the department into a Centre for Thoracic, Vascular & Endovascular Surgery, equipped with modern treatment technologies and minimally invasive techniques. The goal is to enhance treatment effectiveness, minimise complications, reduce hospitalisation duration, and most importantly, optimise every patient's quality of life.

FV Hospital extends its congratulations to Dr Luong Ngoc Trung, wishing him continued success and the advancement of his specialty into an excellent treatment centre!

To book an appointment with Luong Ngoc Trung, MD, MSc, Head of Thoracic, Vascular & Endovascular Surgery Department - FV Hospital, please call (028) 54 11 33 33 - Ext 1528

THE FV'S PAIN CLINIC *Shares Insights On* PAIN MANAGEMENT AND INTERVENTIONAL PAIN TREATMENT



FV Hospital made a significant mark at The Scientific Conference of Vietnam Society of Anaesthesiologists 2023 with two presentations focusing on pain treatment by Dr Nguyen Nam Binh, Specialist Level I, and Dr Pham Hoang Manh.

Dr Binh, from the Pain Clinic at FV Hospital, presented "Establishment of a pain treatment centre based on guidance from the International Association for the Study of Pain (IASP)." This presentation not only highlighted FV's pioneering steps but also served as inspiration for other healthcare facilities. It emphasised building a proficient workforce, investing in techniques, and evaluating treatment effectiveness. By these means, FV achieved level 3 classification according to the IASP framework, pioneering pain treatment in Vietnam.

FV's Pain Clinic approach, integrating various specialties for effective pain management. Dr Nam Binh stated, "Implementing a pain treatment


AT THE SCIENTIFIC CONFERENCE OF VIETNAM SOCIETY OF ANAESTHESIOLOGISTS 2023



centre under IASP standards requires not only learning from international models but also internal consensus on treatment within the hospital."

During the conference, Dr Pham Hoang Manh, a doctor at FV's Pain Clinic, presented a report on "Interventional Pain Treatment." This minimally invasive approach has achieved lasting pain relief for patients. Dr Manh discussed the developmental prospects of this specialty in Vietnam, aligning with global medical trends.

The Pain Clinic at FV has implemented several advanced pain management methods such as epidural injection, facet joint nerve ablation (RFA), notably the platelet-rich plasma (PRP) injection technique recently introduced. Modern devices like the transcranial magnetic stimulation and peripheral magnetic stimulation (rTMS-rPMS) system and the Q-Sense small fibre nerve pain diagnosis machine have been invested in by FV to establish a comprehensive pain treatment system.

 To book an appointment with the Pain Clinic - FV Hospital, **please call (028) 54 11 33 33 - Ext 1294**

FV Hospital Honoured AT THE LAB QUALITY MANAGEMENT CONFERENCE 2022-2023



In November 2023, Dr Nguyen Thi Hang, representing the Laboratory & Blood Bank Department at FV Hospital, received recognition at the Lab Quality Management Conference 2022–2023. This event was organised by the Medical Examination Quality Calibration Centre, University of Medicine and Pharmacy at Ho Chi Minh City, and attracted the participation of healthcare leaders, experts, and leading physicians in medical testing from the central and southern regions.

The conference focused not only on evaluating the quality of medical laboratory testing but also introduced new approaches in quality control, particularly in genetics, microbiology, and digital technology applications. Dr Nguyen Thi Hang, representing FV Hospital, received the Reference Unit Certificate. There were only 16 reference units among a total of 160 participating testing labs in the external assessment conducted by the Calibration Centre.

Previously, FV mainly participated in external assessments with international units. However, starting from 2020, FV began participating in external assessments in Vietnam and became a reference unit for the Calibration Centre. FV is currently a reference unit for biochemical testing and HbA1c.

Dr Hang explained that being a reference unit would help increase the number of test samples, enhance result reliability, thus supporting physicians in making accurate diagnostic and treatment decisions. Additionally, this elevates FV's position, contributing to the development of the medical testing field in the region towards scientific and professional management.

External Quality Assessment (EQA) is a process designed to evaluate the quality of medical laboratory testing methods. The goal of EQA is to ensure that the testing process produces accurate, reliable results that can be compared globally. This process involves providing test samples to testing units, then comparing their results with standard result distributions, helping evaluate technical procedures and identify issues that may affect test quality.



TAVI

THE TRANSCATHETER AORTIC VALVE IMPLANTATION TECHNIQUE

Marking a new milestone in cardiac treatment at FV Hospital

FV Hospital's Cardiology Department, renowned as one of the credible cardiac care centres in Vietnam, has successfully initiated the Transcatheter Aortic Valve Implantation (TAVI) technique, offering new hope for many cardiac patients, especially the elderly suffering from aortic valve stenosis. This modern technique is performed in several countries worldwide, including Vietnam. During the initial phase of implementing TAVI, FV's cardiac intervention unit will receive specialist support from expert Datuk Dr Rosli Mohd Ali from Malaysia.

Patient L.V.H. (male, 83 years old), one of the first patients to undergo TAVI at FV, shared his positive experience. He praised the physicians' decision to opt for TAVI instead of traditional surgery. He also expressed great confidence in the medical team's professionalism and care at FV.

Developed in recent years in advanced medical fields, the TAVI technique can be considered a breakthrough in cardiac treatment, particularly for patients with aortic valve stenosis. With the capability to be performed on elderly patients with multiple comorbidities, shorter recovery times, and minimised complication risks,

TAVI has become the modern, flexible, and optimal choice in treating aortic valve stenosis.

Ho Minh Tuan, MD, PhD, Head of the Cardiology Department at FV Hospital, emphasised that FV, equipped with modern facilities and a professional medical team, had several advantages in implementing the TAVI technique. TAVI not only brings flexibility to interventions, with the ability to be performed percutaneously under local anaesthesia, potentially replacing the standard open-heart surgery method, but also reduces complication risks and shortens treatment durations.

With increasing life expectancy and an aging population, the transcatheter aortic valve implantation (TAVI) technique plays a crucial role in the future treatment of cardiac diseases, providing hope for numerous patients affected by aortic valve stenosis. Through the implementation of the TAVI technique, FV continues to affirm itself as a leading cardiac intervention center, actively contributing to the development and improvement of the community's quality of life.



To book an appointment with the Cardiology Department - FV Hospital, **please call (028) 54 11 33 33 - Ext 1165, 1216**

