

What's up, Doc?

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FV HOSPITAL AND O2 HEALTHCARE GROUP (SINGAPORE) SET UP THE FIRST REGIONAL THORACIC SURGERY CENTRE IN VIETNAM



Ho Chi Minh City, 15th August 2024 – FV Hospital, a member of Thomson Medical Group, partners Singapore's O2 Healthcare Group, a member of OUE Healthcare Limited to set up the first regional Thoracic Surgery Centre in Vietnam. As part of this collaboration, Dr Su Jang Wen, a leading cardiothoracic surgeon and lung cancer specialist from O2 Healthcare Group, will provide treatment for patients at this new centre.

The establishment of a regional FV Thoracic Surgery Centre will greatly enhance the success rate of lung cancer treatment at FV Hospital and in Vietnam. Through this collaboration FV Hospital can offer cutting-edge diagnostic and treatment options for lung cancer and complex thoracic conditions at affordable prices for patients in Vietnam. Starting today, Vietnamese patients can register for treatment with Dr Su at the FV Thoracic Surgery Centre.

Dr Su received advanced training in thoracic and cardiovascular surgery in the United States. Of the more than 7,000 lung, heart, and oesophageal surgeries he has performed since 2007, 95% have been conducted using video-assisted thoracic surgery (VATS), a minimally invasive technique with incisions of only 1.5 to 3 cm. This advanced technique yields high success rates for a variety of thoracic conditions, including lung cancer, mediastinal tumours, chest wall surgery, pleural conditions, sympathetic nerve surgery, and oesophageal surgery. Dr Su has maintained an impressive record of zero post-operative mortality in elective surgeries.

Dr Su is privileged to share his over 20 years of knowledge and experience in thoracic surgery, particularly in complex thoracic procedures, with doctors at FV Hospital. He believes that by working together as a team, they will be able to provide high-standard, international-level thoracic surgery services not only to patients in Vietnam, but to the entire region.

The collaboration between FV Hospital and O2 Healthcare Group marks the beginning of an influx of top specialists from Singapore to FV Hospital to offer cutting-edge diagnostic and treatment options at affordable prices and at the patients' doorstep.



SU JANG WEN, MD, PhD
Leading Singaporean thoracic surgeon
and lung cancer specialist

Dr Su Jang Wen graduated with a Bachelor of Medicine and Bachelor of Surgery from the University of Melbourne, Australia in 1998. Subsequently, he obtained his Membership of the Royal College of Surgeons (Edinburgh) and his Master of Medicine from the National University of Singapore in 2002 and 2003 respectively. In 2006, Dr Su became a Fellow of Royal College of Surgeons (Cardiothoracic Surgery, Edinburgh) and was the first ever Singapore candidate to be awarded the gold medal for the Fellowship examination. In the same year, Dr Su became a Fellow of the Academy of Medicine (Singapore) – Gold Medallist.

In 2007, Dr Su was awarded the HMDP (Healthcare Manpower Development Program) scholarship by the Ministry of Health, Singapore.

From 2007-2009, Dr Su completed intensive training for both Cardiac and Thoracic Surgery. He was the first foreign fellow to be assigned the highly sought-after Chief Fellow of the Thoracic Surgery & Lung Transplantation Programme at the Cleveland Clinic which has been ranked as top Cardiothoracic Centre in the United States of America since 1995. He received comprehensive training under world-renowned Thoracic & Oesophageal Surgeon – Prof. Thomas W Rice.

Upon returning to Singapore in 2009, Dr Su served as a Consultant in The Department of Cardiothoracic Surgery, National Heart Centre Singapore, making him one of the youngest ever cardiothoracic surgeons in the world. Since 2007, Dr Su has accumulated extensive experience having carried out more than thousands of heart, lung and oesophageal surgeries.

He is also a visiting lecturer at the National Cancer Centre Singapore and Changi General Hospital. During his practice at National Heart Centre Singapore, he held the record of having no mortalities in all his elective thoracic surgery as well as most cardiac surgery (coronary artery bypass graft, cardiac valves and acute aortic dissection).

Dr Su is a member of the International Society of Minimally Invasive Cardiothoracic Surgery, International Society of Heart Lung Transplantation, Singapore Oncology Society, Singapore Cardiac Society, Singapore Thoracic Society, Singapore Heart Lung transplantation Society, Chapter of Cardiothoracic Surgery and Academy of Medicine, Singapore.



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VU TRUONG SON, MD, MSc

ASSUMES THE ROLE OF ACTING MEDICAL DIRECTOR

Since the 1st August 2024, Dr Vu Truong Son has officially taken on the position of Acting Medical Director at FV Hospital.

Dr Vu Truong Son joined FV in 2013 as a General Practitioner. Shortly thereafter, he took charge of the Infection Control Unit, establishing the unit's functions with detailed policies and programmes. Throughout the Covid-19 pandemic, Dr Son demonstrated calmness, confidence, and steadfastness, ensuring that medical guidelines and policies were evidence-based. His leadership and capabilities were clearly affirmed during that period.

In 2022, Dr Son initiated the development of the Infectious Diseases Department and advanced our medical services. Last year, he was appointed Deputy Medical Director, becoming a vital support to the Board of Directors. In this role, Dr Son has shown unwavering dedication and made significant contributions to the Medical Office. Recently, he has also effectively served as the Acting Medical Director, proving leadership and decisiveness.

On the new role, Dr Vu Truong Son said, "I hope to provide maximum support to my colleagues, not only in terms of professional expertise but also in spirit. The goal is to respect and uphold FV's working culture and to help our doctors develop to their fullest potential. I will act as a bridge, striving to unite everyone towards our singular purpose – providing the best and safest treatment for our patients. Additionally, I will drive our hospital's medical team to integrate and grow together as FV embarks on a new chapter as a member of the Thomson Medical Group."

He also emphasised plans to assist new staff, particularly in the training of young doctors to hone their skills, while simultaneously aligning with the international environment and the unique culture at FV.



To contact with Vu Truong Son, MD, MSc
Acting Medical Director, FV Hospital,
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DR PHAM NGUYEN THANH NAM

JOINS THE FV HOSPITAL THORACIC, VASCULAR AND ENDOVASCULAR SURGERY DEPARTMENT

Dr Pham Nguyen Thanh Nam graduated with a medical degree from Tay Nguyen University in 2020. In addition, Dr Thanh Nam has participated in specialised short-term courses, including: Thoracoscopic Lung Lobectomy (April 2021); Treatment of Peripheral Vascular Disease Using Endovascular Therapy (December 2022); as well as numerous certifications in treating chronic limb-threatening ischemia, radiation safety, and diagnosis and intervention for superficial venous disease in the lower extremities.

Starting August 2024, Dr Thanh Nam will join the Thoracic, Vascular & Endovascular Surgery Department at FV Hospital, focusing on vascular conditions such as vascular trauma, arteriovenous fistulas for dialysis, venous insufficiency, pneumothorax, and pleural effusion.

Before joining FV, Dr Thanh Nam spent four years working in the Thoracic and Vascular Surgery Department at Thong Nhat General Hospital of Dong Nai Province. Additionally, Dr Nam has actively engaged in scientific research and has presented his findings at prestigious industry conferences to assist in updating and enhancing his clinical expertise.



To book an appointment with
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FV HOSPITAL ORGANISED THE CME TRAINING PROGRAMME

MULTIDISCIPLINARY APPROACH IN THE TREATMENT OF

GASTROINTESTINAL & HEPATOBIILIARY DISEASES

On 24th August 2024, FV Hospital successfully delivered the CME Training Programme titled “Multidisciplinary Approach In The Treatment Of Gastrointestinal And Hepatobiliary Diseases” at Adora Grand View Conference Centre – 421 Ngo Gia Tu, Ward 9, District 5, Ho Chi Minh City. The programme attracted over 450 doctors from hospitals in Ho Chi Minh City and neighbouring provinces, who participated in discussions, shared research, protocols, and treatment practices.

At the conference, Dr Jarrod Lee – Founder & CEO, GutCARE (Singapore), shared alarming statistics from the 2020 WHO report about global colorectal cancer. He highlighted that colorectal cancer has a high incidence rate and ranks as the second leading cause of cancer-related deaths worldwide, after lung cancer. Therefore, experts recommend screening starting at age 45 to facilitate early detection and effective treatment of colorectal cancer.

Meanwhile, Specialist Level II, Phan Van Thai, MD, MSc, Head of General Surgery at FV Hospital, stated that he has encountered challenging cases of colorectal cancer. However, thanks to a multidisciplinary approach involving surgery, oncology, radiation therapy, and gastroenterology, patients have been able to return to normal life.

According to Specialist Level II, Nguyen Viet Quynh Thu, MD, MSc, Head of Dietetics & Nutrition Department at FV Hospital, dietary habits, physical activity, and weight management can prevent up to 40% of cancer incidence, including those related to the digestive system.

Next, Vu Truong Son, MD, MSc, Acting Medical Director of FV Hospital, informed everyone that FV has become a member of Thomson Medical Group. This development will bring many leading experts from Singapore to exchange expertise, share knowledge, and provide direct consultation and treatment at FV, at a significantly lower cost compared to going to Singapore or other countries.

Following this, Ho Dang Quy Dung MD, PhD – Head of Endoscopy department, Cho Ray Hospital & President, Vietnamese Federation for Digestive Endoscopy, presented the topic “interventional ultrasound endoscopy.” This method is considered crucial for supporting, evaluating, and predicting damage and metastatic risk, helping doctors determine the direction of treatment.

At the end of the CME programme, Specialist Level II, Bui Nhuan Quy, MD, MSc, Head of Gastroenterology & Hepatology Department at FV Hospital, presented “The Application of Techniques in the Treatment of Gastrointestinal and Hepatobiliary Diseases at FV Hospital.” FV is currently implementing the most advanced technique in endoscopy and functional testing of the digestive organs to treat diseases related to the liver, bile ducts, colon, rectum, oesophagus, stomach, pancreas, and small intestine. With the infrastructure investment from Thomson Medical Group, the Gastroenterology & Hepatobiliary Department is set to develop into a leading regional centre for gastroenterology and hepatobiliary care.



FV HOSPITAL ORGANISE CME TRAINING PROGRAMME

“PALLIATIVE CARE AND HOMECARE: EXPERIENCE FROM JAPAN TO VIET NAM”



On 14th August 2024, FV Hospital successfully delivered continuing medical education (CME) training programme with addressing “PALLIATIVE CARE AND HOMECARE: Experience from Japan to Viet Nam”. The programme attracted significant interest and participation from doctors at FV Hospital, as well as from various other healthcare institutions in Ho Chi Minh City area.

The programme not only served as an opportunity for doctors to enhance their professional knowledge but also promoted the development of palliative care and homecare services in Vietnam.

In his opening remarks, Vu Truong Son, MD, MSc., Acting Medical Director of FV Hospital, emphasised the importance of palliative care and the benefits it brings to patients. Following the programme, Dr Shuji Hiramoto – Director of Peace Home Care Clinic, Department of

Oncology and Palliative Care, introduced the healthcare model used in Japan, where the homecare system is highly detailed, structured, and effective.

On the same topic, Dr Pham Hoang Manh – Pain Specialist, Pain Clinic, FV Hospital shared practical insights from his experience visiting and studying the palliative care system at Kyoto Prefectural University of Medicine (KPUM) in Japan.

In her presentation “The role of radiotherapy in pain management in cancer patients” Dr Basma M'Barek – Oncologist – Head of Hy Vong Cancer Care Centre, FV Hospital, received significant interest for her approach of using radiation therapy to alleviate pain, control bleeding, and reduce vascular compression caused by tumours.

In the discussion on palliative care and pain management for cancer treatment, Dr Nguyen Nam Binh – Pain Specialist,

Pain Clinic, FV Hospital, highlighted that up to 55% of cancer patients face pain and require palliative care.

At the end of the programme, Dr Nguyen Huynh Ha Thu – Oncologist, Hy Vong Cancer Care Centre, FV Hospital, presented “Epidural Mixture Infusion: A Solution for Making a Course of Palliative Radiotherapy Possible in Patients with Intractable Pain”. This combined approach helps alleviate pain for patients who do not respond to conventional pain medications, enhancing the effectiveness and prolonging the duration of pain relief.

In the near future, FV Hospital will continue to connect with international doctors and experts to offer training courses with new knowledge and advanced techniques, to give Vietnamese patients more opportunities to access modern medical practices from around the world right here in the homeland.

FV SUCCESSFULLY ORGANISES
MEDICAL TRAINING PROGRAMME

"MATERNAL COLLAPSE
AND THE ROLE OF
PERIMORTEM CAESAREAN"



On 4th September, 2024, FV Hospital hosted a successful medical training programme titled “Maternal Collapse and the Role of Perimortem Caesarean.” The session was led by Dr Sharon Foo, Consultant Obstetrician & Gynaecologist, Maternal Foetal Medicine Specialist, Thomson Specialists (Paragon Medical Centre). Dr Foo provided participants with valuable knowledge and skills for managing emergency situations involving the health of both mother and the foetus.

The training programme attracted more than 100 FV doctors, nurses, pharmacists, and healthcare professionals. It served as an opportunity for attendees to exchange experiences, discuss real-life challenges in their daily work, and enhance the quality of care for pregnant women at FV.

Dr Foo opened the session with a detailed analysis of a specific clinical case, focusing on the factors that influence the decision to perform a Caesarean section in emergencies involving maternal cardiopulmonary failure; often referred to as near-death situations. She emphasised the critical importance of early recognition of symptoms and timely decision-making to save both the mother and foetus. Notably, Dr Foo has successfully saved 19 out of 60 cases of mothers in such situations without complications.

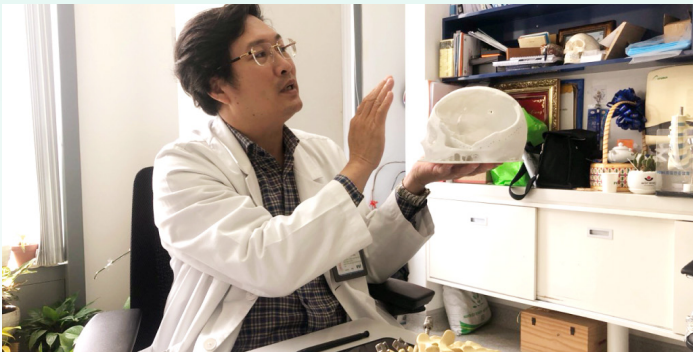
Her presentation was meticulously prepared, focusing on urgent and rare obstetric issues. Particularly maternal cardiopulmonary failure, a life-threatening condition that endangers both the mother and foetus. Dr Foo shared in-depth knowledge on recognising, managing, and treating maternal cardiopulmonary failure, the vital role of cardiopulmonary resuscitation (CPR), early detection, and quick response for mechanical ventilation support, the significance of left uterine displacement (LUD), and the crucial role of performing a perimortem caesarean delivery (PMCD) in near-death situations.



Dr Foo also discussed the benefits and risks associated with PMCD, aiding doctors in making accurate and timely decisions in complex situations. Additionally, she highlighted that this approach can prevent new-borns from suffering neurological damage due to prolonged oxygen deprivation in the womb.

Through specialised training programmes like this, FV Hospital is demonstrating its commitment to enhancing healthcare quality and developing healthcare workers in Vietnam. FV Hospital regularly organises high-quality medical training programmes featuring top experts from both Vietnam and Singapore to improve the expertise of healthcare professionals, contributing to comprehensive patient care.

PATIENT REGAINS
CONSCIOUSNESS
AFTER MONTHS IN
A VEGETATIVE STATE
DUE TO TRAUMATIC
BRAIN INJURY



Patient P.D.V (67-year-old, residing in Khanh Hoa), who had suffered a traumatic brain injury from a fall that resulted in a deep coma and severe infection, was sent away by several hospitals but made a remarkable recovery after 80 days of treatment at FV Hospital.

Dr Nguyen Manh Hung, Head of Neurosurgery, Spine Surgery and Endovascular Neurosurgery Department at FV Hospital, described Mr P.D.V's condition upon arrival as critical. Dr Hung explained, “The patient was completely unconscious, dependent on a ventilator, and suffering from a severe infection. He had a large skull defect, enlarged ventricles – indicating hydrocephalus – and was also suffered from bronchitis and severe malnutrition.”

Given the severe infection, patient V. required intensive care to stabilise his health before proceeding with and further treatment steps. After two weeks of intensive care, Dr Hung assessed that the patient was ready for skull reconstruction. ‘The patient’s skull had been removed during the initial surgery. According to principles, once the brain has stabilized, a skull is needed to cover and protect it; otherwise, brain function may be affected. However, due to inadequate transport and preservation of the skull piece from Khanh Hoa to Ho Chi Minh City, the team decided to use a prosthetic skull piece for the patient,’ Dr Hung said.

The patient underwent a CT scan of the skull to accurately measure the 3D image of the skull defect area. These parameters

were used to create a prosthetic skull piece that perfectly matched the size and shape of the patient’s skull defect.

Next, the doctors performed a ventricular-peritoneal shunt for the patient. After the cerebrospinal fluid (CSF) accumulation in the brain was relieved, patient P.D.V. showed significant progress. He began to exhibit conscious reflexes, gradually regained the ability to express emotions, and even started to move his body and communicate with others. Typically, patients who are hospitalised for an extended period face several risks, such as bedsores, infections, and pneumonia. The FV nursing staff provided meticulous care for Mr V, to prevent bedsores and reinfection. They regularly turning him and took him outside for sunlight exposure daily.

To support the intensive treatment of the patient, doctors from various specialties, including ENT, Infectious Diseases, Dietetics & Nutrition, Neurosurgery, ICU, and Physical Therapy & Rehabilitation, coordinated, assessed, and consulted continuously to develop the optimal treatment plan. Dr Hung emphasised that the nursing team’s care played a crucial role in Mr V’s recovery.

According to Dr Hung, at the time of discharge, the patient was able to stand and move with assistance, and importantly, he could think and communicate with others. The next steps involve adhering to a physical therapy regimen and following a suitable diet for recovery. Dr Hung continues to support the patient’s care remotely.



To book an appointment with Dr Nguyen Manh Hung - Head of Neurosurgery, Spine Surgery and Endovascular Neurosurgery Department, FV Hospital, please call: (028) 54 11 33 33 – Ext 1519

DISCOUNT INFORMATION

FOR PATIENTS
APPLICABLE TO



EXTERNAL DOCTORS – ED

- The Private Patients being non- insured patients shall be entitled to 20% discount on all FV surgical and obstetrical packages
- The Private Patients having a medical insurance with coverage limited to Vietnam shall be entitled to 10% discount on all FV surgical and obstetrical packages

REFERRAL DOCTOR – RD

- Provide patients referred with 5% discount on all inpatient services (excluding doctor fees, medications, consumables, implants, prosthesis, transplants, any equipment taken home, and non- medical supplies) except for patients referred for interventional cardiology
- Provide patients referred with 5% discount on treatment provided in the Oncology Department (excluding medications and consumables)

(*) To find out more about the terms and conditions of the programme, please contact Liaison Officer

To refer patient - Hotline: 0962 627 837 - Email: partners@fvhospital.com